Behavioral Health Wellness and Prevention 2022 Epidemiologic Profile: Northern Region, Nevada

Carson City, Churchill, Douglas, Lyon, and Storey Counties

April 2023

Department of Health and Human Services

Office of Analytics

Joe Lombardo
Governor
State of Nevada

Richard Whitley, MS
Director
Department of Health and Human Services

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Acknowledgements

Prepared by and Additional Information:
Office of Analytics
Department of Health and Human Services
State of Nevada

Thank you to following for providing leadership, data, and technical support for this report:

Amy Lucas, MS
Health Program Specialist II
Office of Analytics
Department of Health and Human Services
State of Nevada

Jen Thompson
Health Program Manager II
Office of Analytics
Department of Health and Human Services
State of Nevada

James Hunt
Biostatistician II
Office of Analytics
Department of Health and Human Services
State of Nevada

Adam Ernst, MPH
Health Resource Analyst II
Office of Analytics
Department of Health and Human Services
State of Nevada

Leena Ho, MPH
Health Resource Analyst II
Office of Analytics
Department of Health and Human Services
State of Nevada

Alexia Benshoof, MS
Health Bureau Chief
Office of Analytics
Department of Health and Human Services
State of Nevada

Sandra Atkinson
Health Resource Analyst II
Office of Analytics
Department of Health and Human Services
State of Nevada

Aidan Hernandez
Health Resource Analyst
Office of Analytics
Department of Health and Human Services
State of Nevada

Praseetha Balakrishnan, MS
Biostatistician II
Office of Analytics
Department of Health and Human Services
State of Nevada

Meghan Anderson, PhD Student
YRBS & School Health Profiles Coordinator
School of Public Health
University of Nevada, Reno

Statewide Epidemiologic Organizational Workgroup

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For more information on this report, please contact data@dhhs.nv.gov

Executive Summary

Purpose

This report is intended to provide an overview of behavioral health in Nevada for public health authorities, Nevada legislators, behavioral health boards and the public. The analysis can be used to identify issues of concern and areas that may need to be addressed.

Data Sources

Behavioral Risk Factor Surveillance System (BRFSS)
BRFSS is a state-based system of health surveys that collects information on health risk behaviors, preventive health practices, chronic health conditions, and use of preventive services. More than 400,000 adults are interviewed each year, making the BRFSS the largest telephone health survey in the world. For many states, the BRFSS is the only available source of timely and accurate data on health-related behaviors. The survey consists of a set of federally grant funded core questions and states may include and pay for their own questions in the survey. While the survey's focus is chronic disease and injury, topics covered by the survey include car safety, obesity, and exercise among many others. Since state-added questions are not asked nationwide, these questions are not comparable.

Hospital Emergency Department Billing (HEDB)
The Hospital Emergency Department Billing data provides health billing data for emergency room patients for Nevada's non-federal hospitals. NRS 449.485 mandates all hospitals in Nevada to report all patients discharged in a form prescribed by the director of the Department of Health and Human Services. The data are collected using a standard universal billing form. The data in this report are for patients who used emergency room and inpatient services. The data includes demographics such as age, gender, race/ethnicity and uses International Classification of Diseases-9-Clinical Modification (ICD-9-CM) diagnoses codes and International Classification of Diseases-10-Clinical Modification (ICD-10-CM) diagnoses (up to 33 diagnoses respectively). ICD-10-CM diagnoses codes replaced ICD-9-CM diagnoses codes in the last quarter of 2015. Therefore, data prior to last quarter in 2015 may not be directly comparable to data thereafter. In addition, the data includes billed hospital charges, procedure codes, length of hospital stay, discharge status, and external cause of injury codes. The billing data information is for billed charges and not the actual payment received by the hospital.

Hospital Inpatient Billing (HIB)
The Hospital Inpatient Billing data provides health billing data for patients discharged from Nevada's non-federal hospitals. NRS 449.485 mandates all hospitals in Nevada to report information as prescribed by the director of the Department of Health and Human Services. The data are collected using a standard universal billing form. The data is for patients who spent at least 24 hours as an inpatient, but do not include patients who were discharged from the emergency room. The data includes demographics such as age, gender, race/ethnicity and uses International Classification of Diseases-9-Clinical Modification (ICD-9-CM) diagnoses codes and International Classification of Diseases-10-Clinical Modification (ICD-10-CM) diagnoses (up to 33 diagnoses respectively). ICD-10-CM diagnoses codes replaced ICD-9-CM diagnoses codes in the last quarter of 2015. Therefore, data prior to last quarter of 2015 may not be

directly comparable to data thereafter. In addition, the data includes billed hospital charges, procedure codes, length of hospital stay, discharge status, and external cause of injury codes. The billing data information is for billed charges and not the actual payment received by the hospital.

Monitoring the Future Survey
Since 1975 Monitoring the Future Survey has measured alcohol and drug use and related attitudes among adolescent students nationwide. Survey participants report their drug use behaviors across three-time periods: lifetime, past year, and past month. Students from both public and private schools participate in the survey. The survey is funded by the National Institute on Drug Abuse (NIDA), a component of the National Institutes of Health (NIH) and conducted by the University of Michigan.
For more information: Monitoring the Future

Nevada Report Card
The Nevada Report Card is the accountability reporting website of the Nevada Department of Education. In compliance with federal and state law, it assists community members (parents, educators, researchers, lawmakers, etc.) in locating a wealth of detailed information pertaining to K-12 public education in Nevada. The web site has three categories: "school and district information," "assessment and accountability" and "fiscal and technology." For more information: Nevada Report Card

Nevada State Demographer – Nevada Population Data
The Nevada State Demographer's office is funded by the Nevada Department of Taxation and is part of the Nevada Small Business Development Center. It is responsible for conducting annual population estimates for Nevada's counties, cities, and towns.

State-Funded Mental Health Services (Avatar)
Avatar is a database containing demographic, treatment, billing, and financial information for Nevada mental health facilities throughout the state. These data are representative of clients served at Nevada state-operated mental health facilities and are not generalizable to the rest of the population.

Substance Abuse and Mental Health Data
The National Survey of Drug Use and Health (NSDUH) is a survey on the use of illicit drugs, alcohol, tobacco, and mental health issues in the United States. The study includes those who are 12 years of age or older at the time of the survey. It is conducted annually by the Substance Abuse and Mental Health Services Administration (SAMHSA), an agency within the US Department of Health and Human Services that focuses on behavioral health. For more information on the survey: SAMHSA NSDUH

United States Census Bureau
The United States Census Bureau is responsible for the United States Census, the official decennial (10-year period) count of people living in the United States of America. Collected data are disseminated through web browser-based tools like the American Community Survey, which provides quick facts on frequently requested data collected from population estimates, census counts, and surveys of population and housing for the nation, states, counties, and large cities. The Bureau also offers the American Fact Finder, which profiles the American population and economy every five years. For more information: United States Census Bureau

Web-Enabled Vital Records Registry Systems (WEVRRS)
Statewide births and deaths are collected by the Office of Vital Records, in the Division of Public and Behavioral Health. WEVRRS is a software utilized by physicians, registered nurses, midwives, informants or funeral directors, and other individuals to collect and consolidate birth and death-related information.

Youth Risk Behavior Survey (YRBS)
The Youth Risk Behavior Survey (YRBS) is a national surveillance system that was established by the Centers for Disease Control and Prevention (CDC) to monitor the prevalence of health risk behaviors among youth. Every two years, little over 30 high schools from Nevada were randomly chosen by the CDC to represent Nevada. However, to ensure greater representation from schools in all Nevada districts, the Nevada Division of Public and Behavioral Health contracted with the University of Nevada, Reno School of Public Health to conduct the YRBS in all high schools throughout the state. The Nevada High School YRBS is a biennial, anonymous, and voluntary survey of students in 9th through 12th grade in regular public, charter, and alternative schools. Students self-report their behaviors in six major areas of health that directly lead to morbidity and mortality; these include:

1. Behaviors that contribute to unintentional injuries and violence
2. Sexual behaviors that contribute to human immunodeficiency virus (HIV) infection, other sexually transmitted diseases, and unintended pregnancy
3. Tobacco use
4. Alcohol and other drug use
5. Unhealthy dietary behaviors
6. Physical inactivity

Nevada is among few states that collect data in middle schools. The Nevada Middle School YRBS is biennial, anonymous, and voluntary survey of students in 6th through 8th grade in regular public, charter, and alternative schools. Students self-report their behaviors in five major areas of health that directly lead to morbidity and mortality, these include:

1. Behaviors that contribute to unintentional injuries and violence
2. Tobacco use
3. Alcohol and other drug use
4. Unhealthy dietary behaviors
5. Physical inactivity

For more information on CDC's Youth Risk Behavior Surveillance System (YRBSS): CDC YRBSS
For more information on Nevada YRBS: Nevada YRBS

Terminology

Age-Adjusted Rate

A rate is a measure of the frequency of a specific event over a given period, divided by the total number of people within the population over the same period of time. An age-adjusted rate is a rate that has been adjusted, or weighted, to the same age distribution as a "standard" population. Throughout this report, rates are adjusted to the 11 standard age groups of the U.S. population in the year 2000 (Census table P25-1130 Population Projections and Standard Age Groups). Rates are age-adjusted in order to eliminate any potential confounding effects, or biases, that may be a result of health factors that are associated with specific ages.

Crude Rate

A rate is a measure of the frequency of a specific event over a given period, divided by the total number of people within the population over the same period of time. A crude rate is the frequency with which an event or circumstance occurs per unit of population.

Data and Equity

Demographic language may differ throughout this report depending on the sources from which data were retrieved. To report the data accurately, variables such as race, ethnicity, and sex are described in the data as they were in the source data. Every effort has been made to be inclusive and equitable across every demographic to provide a fair and accurate representation of the people of Nevada. We recognize the terms “female” and “woman” do not include all birthing people but used as descriptors presented in source data.

Demographic Snapshot

Figure 1. Select Demographics for Northern Region, 2021.

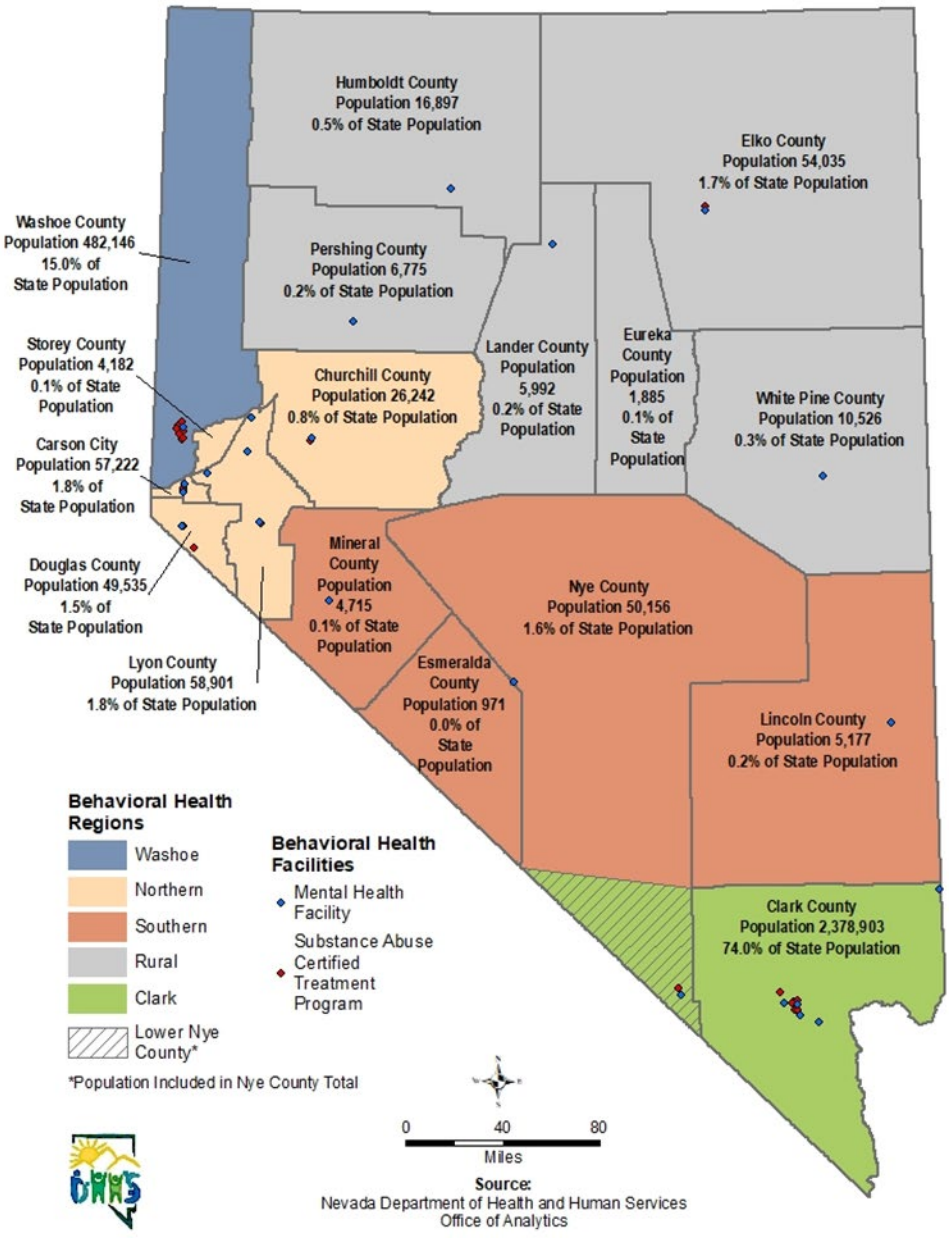
	Nevada
Population, 2021 estimate, Northern Region*	196,082
Population, 2012 estimate, Northern Region *	185,042
Population, percentage change, Northern Region*	6.0%
Male persons, 2021 estimate, Northern Region *	96,012 (49.0%)
Female persons, 2021 estimate, Northern Region*	100,070 (51.0%)
Median household income, Northern Region (2017-2021)**	$66,069
Per capita income in the past 12 months, Northern Region (2017-2021)**	$36,475
Persons in poverty, percent, Northern Region (2021)**	9.3%
With a disability, under the age 65 years, percent, Northern Region (2017-2021)**	10.8%
Land area in square miles, Northern Region (2020)**	8,072.0 sq miles

*Source: *Nevada State Demographer, Vintage 2020 and **US Census Bureau.*

In 2021, the estimated population for the Northern Region was 196,082, a 6.0% increase from the 2012 estimated population. The population is made up of approximately equal percent of females and males (49.0% and 51.0%, respectively). The Northern Region comprises 6.2% of Nevada's population. The Northern Region's land area is approximately 8,072.0 square miles.

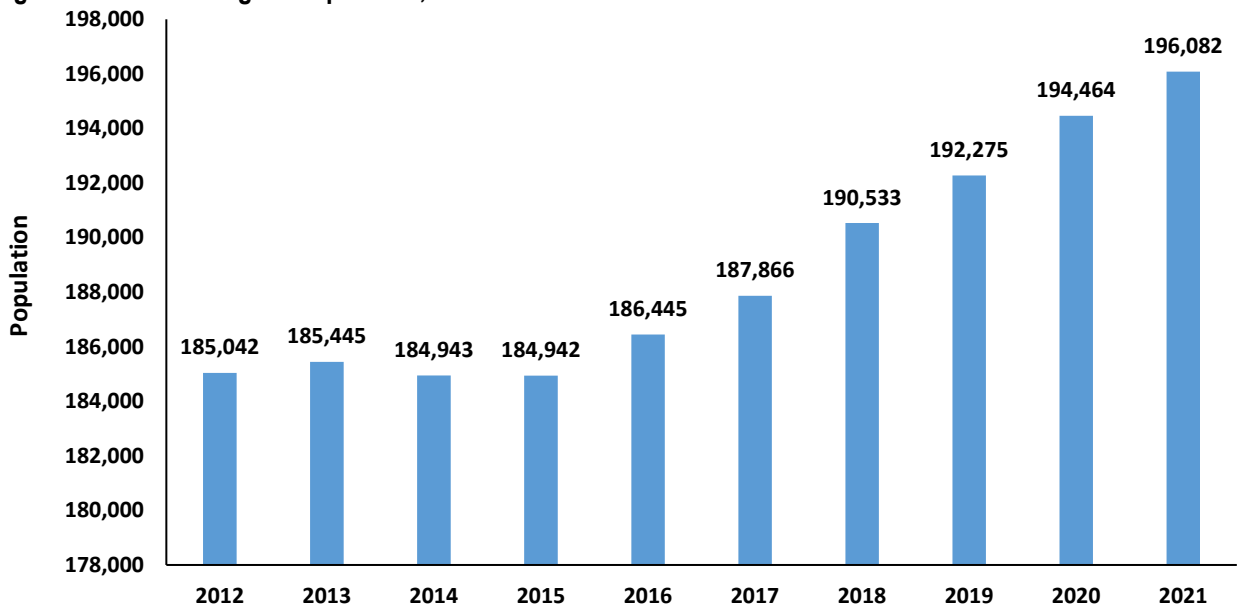
During the 2017 session, regional behavioral health boards were formed to address behavioral health in Nevada. The regions were redrawn during the 2019 session and Nye County was split into regions. The northern half of Nye County is part of the Southern Region, and the southern half is part of the Clark County Region. For data purposes, Nye County data is included in the Southern Region.

Figure 2. Nevada Population Distribution by County, 2021.



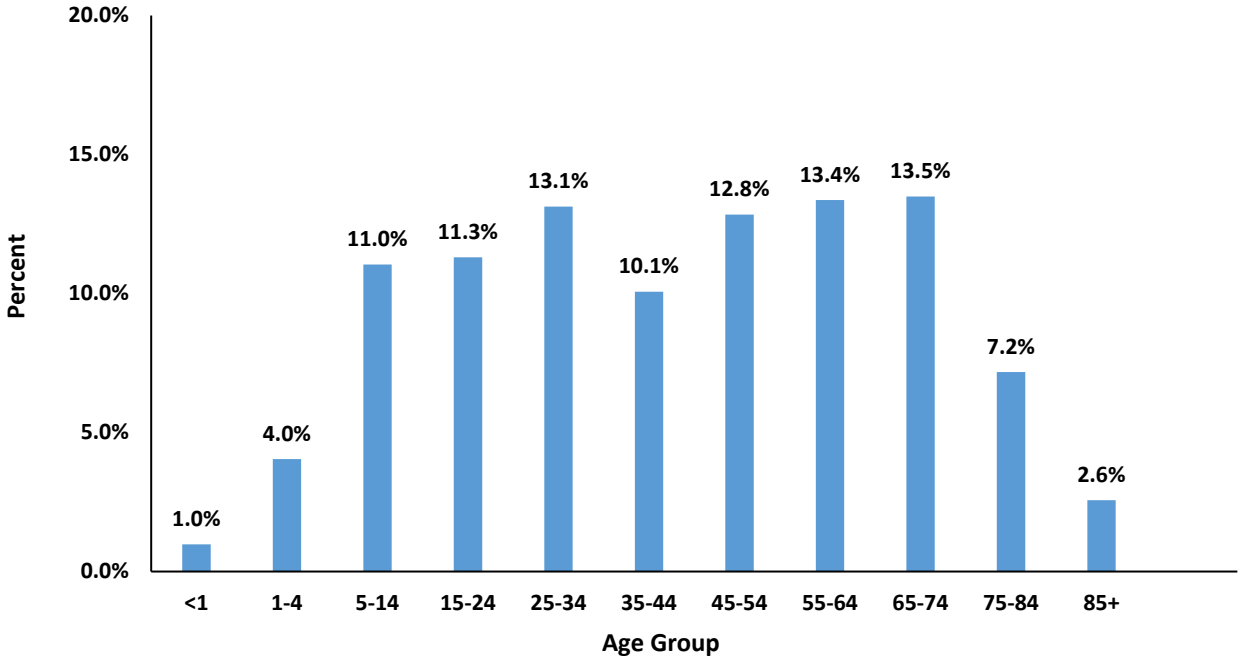
Source: Nevada State Demographer, Vintage 2020.
***Clark Region**: Clark County and southern Nye County.*
***Northern Nevada Region:** Carson City, Churchill, Douglas, Lyon, and Storey Counties.*
***Rural Nevada Region:** Elko, Eureka, Humboldt, Lander, Pershing, and White Pine Counties.*
***Southern Nevada Region:** Esmeralda, Lincoln, and Mineral Counties, and northern Nye County.*
***Washoe Region**: Washoe County.*
**Nye County: Northern Nye County is included in Southern Region and southern Nye County is in part of Clark County Region. For data purposes, Nye County data is included in Southern Nevada Region Report and not in the Clark County Region report.*

Figure 3. Northern Region Population, 2012-2021.



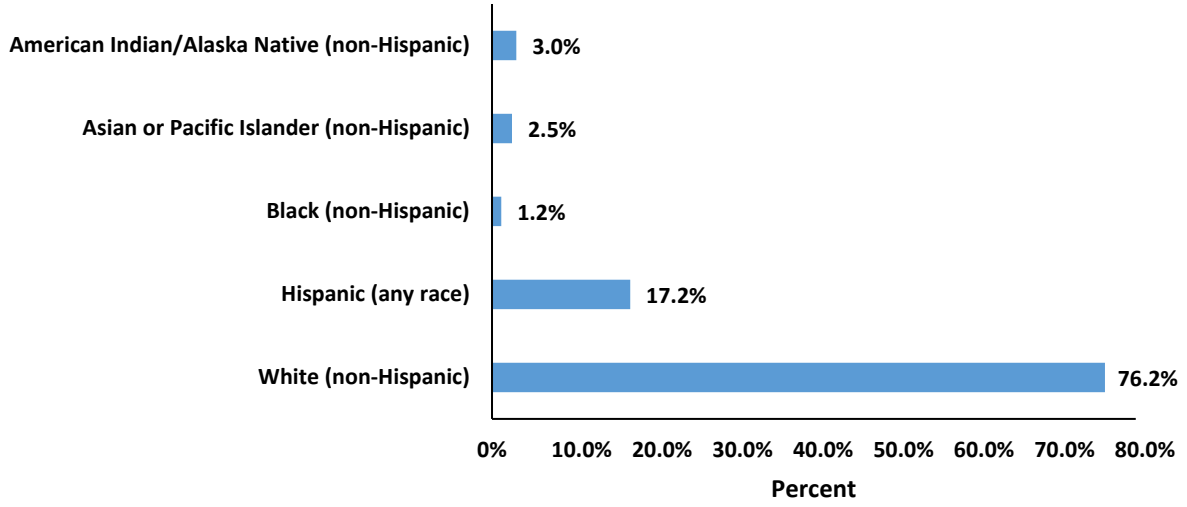
Source: Nevada State Demographer, Vintage 2020.
Chart scaled to display differences among groups.

Figure 4. Northern Region Population by Age Group, 2021.



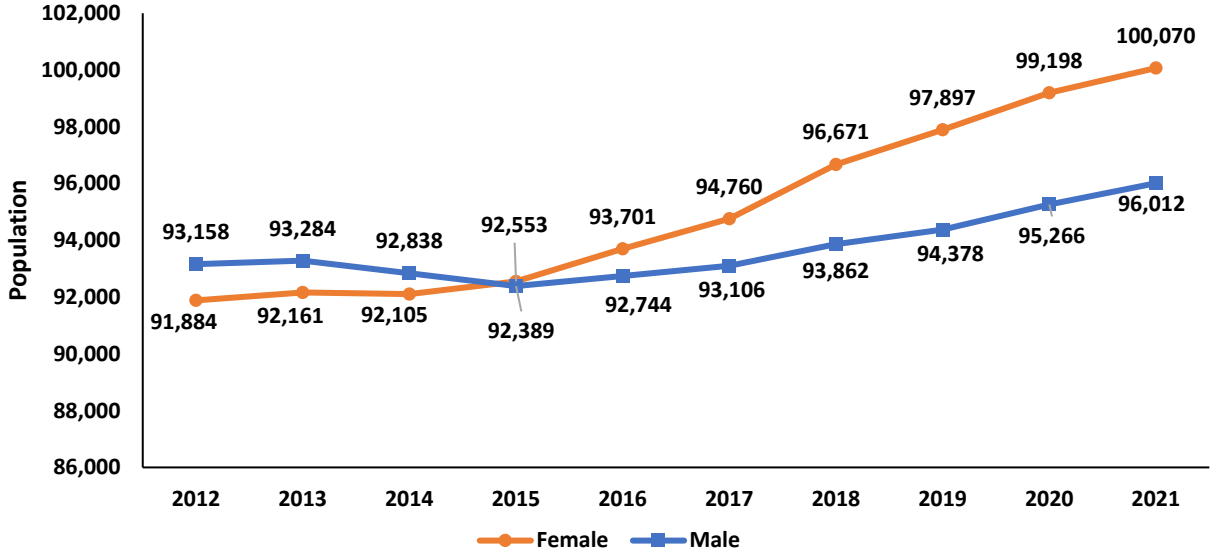
Source: Nevada State Demographer, Vintage 2020.
Chart scaled to 20.0% to display differences among groups.

Figure 5. Northern Region Population by Race/Ethnicity, 2021.



Source: Nevada State Demographer, Vintage 2020.
Chart scaled to 80.0% to display differences among groups.

Figure 6. Northern Region Population Distribution by Sex, 2012-2021.



Source: Nevada State Demographer, Vintage 2020.
Chart scaled to display differences among years.

Unlike Nevada which has the highest percent of the population in the 25-34 age group, followed by the 15-24 age group, Northern Nevada Region's highest percent is among the 65-74 age group, followed by the 55-64 age group.

White non-Hispanics comprise 76.2% of the Northern Region's population, followed by Hispanic, any race (17.2%), American Indian/Alaska Native (3.0%), Asian/Pacific Islander non-Hispanic (2.5%), and Black non-Hispanic (1.2%).

Mental Health

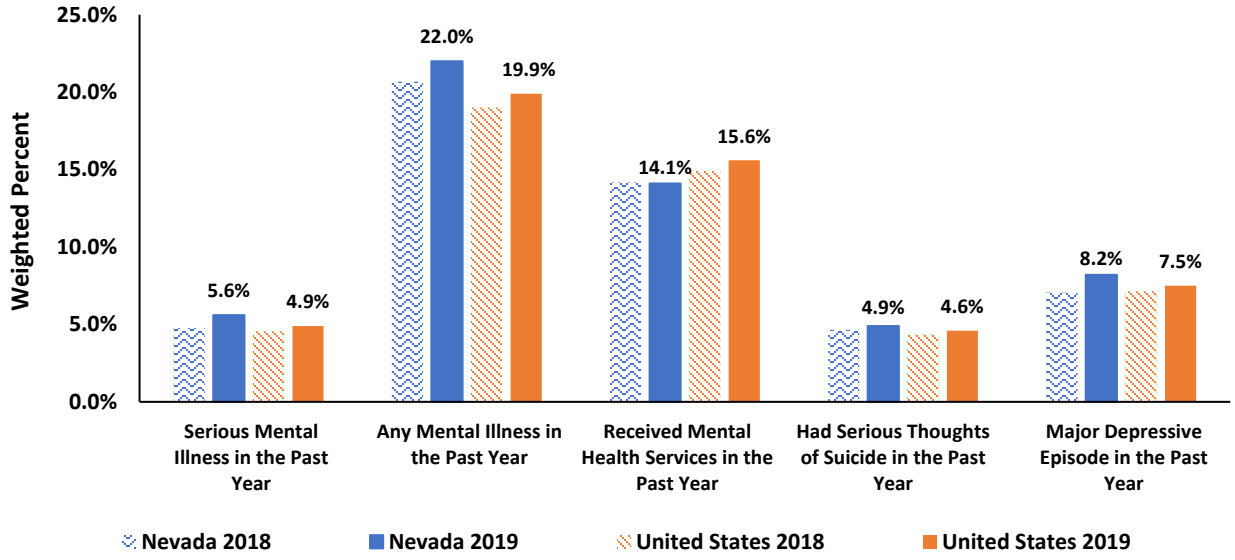
Mental health data are collected by numerous data sources in Nevada, including YRBS, BRFSS, hospital billing, state-funded mental health facilities, and vital records.

National Survey of Drug Use and Health

The Substance Abuse and Mental Health Services Administration (SAMHSA) sponsors the National Survey on Drug Use and Health (NSDUH). The survey tracks trends of illicit drug, alcohol, and tobacco use, as well as mental health issues throughout the United States.

According to SAMHSA's website, state data tables and reports from the 2019-2020 NSDUH "are no longer available due to methodological concerns with combining the 2019 and 2020 data". Therefore, data in Figure 7 below are from the 2017-2018 and 2018-2019 NSDUH state reports. For more information, please visit SAMHSA 2019-2020 State Reports

Figure 7. Percent of Mental Health Measures, Aged 18+, Nevada and the United States, 2018-2019.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Surveys on Drug Use and Health, 2017-2018 and 2018-2019. Chart scaled to 25.0% to display differences among groups.

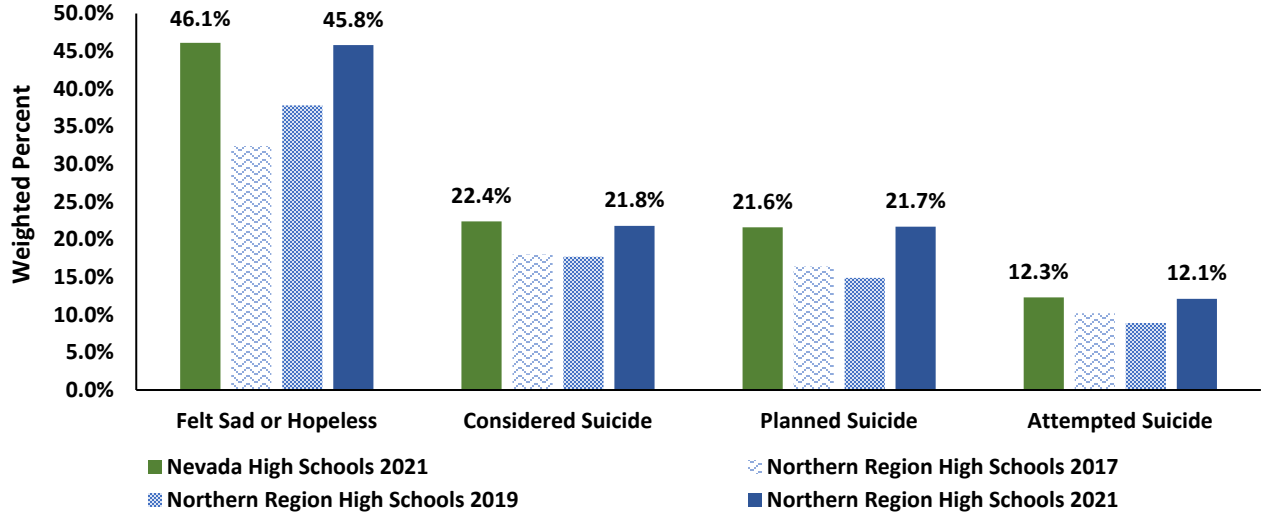
Nevada percents continue to be higher than the United States for "serious mental illness in the past year," "any mental illness in the past year," and "had serious thoughts of suicide in the past year." Nevada had the same percent as the United States in 2018 for "major depressive episode in the past year" but was higher in 2019.

Youth Risk Behavior Survey (YRBS)

The YRBS monitors six categories of health-related behaviors that contribute to leading causes of death and disabilities among youth and adults. Nevada high school and middle school students are surveyed

during the odd years. In 2021, 957 high school and 850 middle school students participated in the YRBS in Northern Region. The University of Nevada, Reno maintains the YRBS data and publishes data on each survey. For more information on the YRBS survey, please go to the following site: UNR YRBS

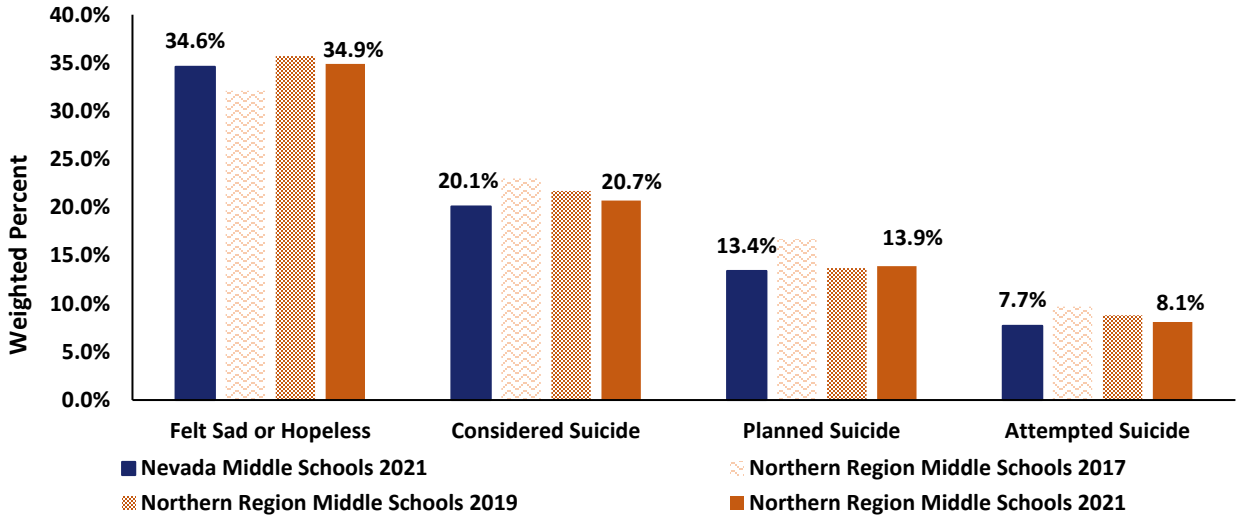
Figure 8a. Mental Health Behaviors, Northern Region High School Students, 2017, 2019, and 2021, and Nevada High School Students, 2021.



Source: Nevada Youth Risk Behavior Survey (YRBS).
Chart scaled to 50.0% to display differences among groups.

From 2017 to 2021, there has been a steady increase in the percent of Northern Region high school students reporting that they felt sad or hopeless. The percent who reported that they considered suicide, planned suicide, or attempted suicide decreased from 2017 to 2019 before increasing in 2021 to percents higher than in 2017. The 2021 Northern Region high school percents are within 1.0% of the 2021 Nevada high school percents.

Figure 8b. Mental Health Behaviors, Northern Region Middle School Students 2017, 2019, and 2021, and Nevada Middle School Students, 2021.



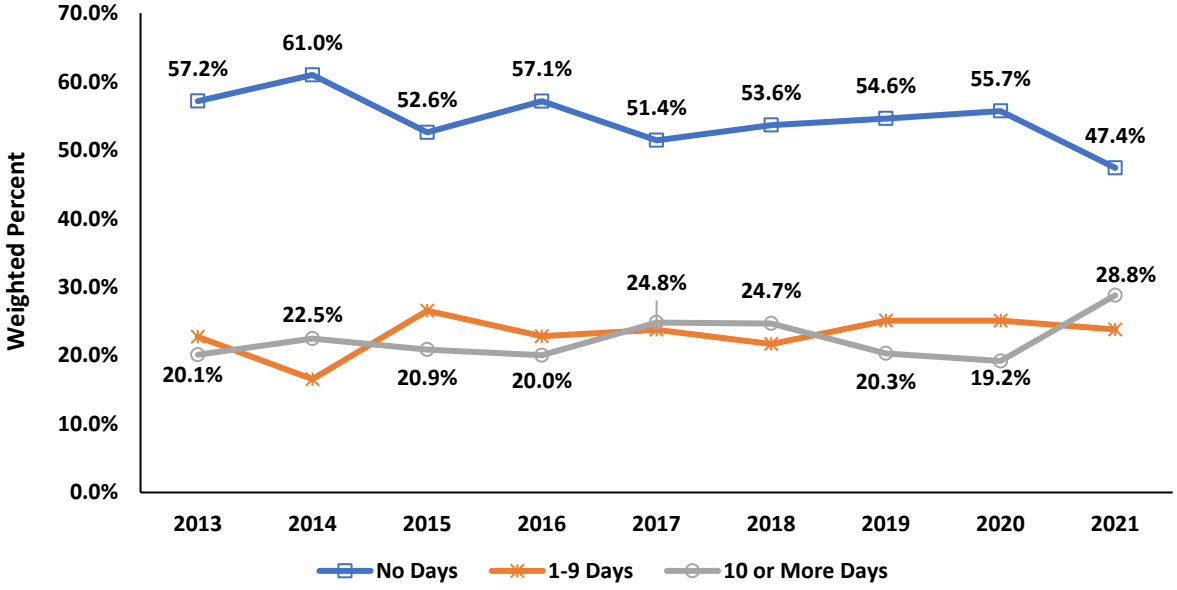
Source: Nevada Youth Risk Behavior Survey (YRBS).
Chart scaled to 40.0% to display differences among groups.

From 2017 to 2021, there has been an increase in the percent of Northern Region middle school students reporting that they felt sad or hopeless. The percent who considered suicide or attempted suicide increased from 2017 to 2019 before decreasing in 2021, while the percent who planned suicide decreased from 2017 to 2019 before increasing slightly in 2021. The Northern Region middle school percents are within 1.0% of Nevada middle school percents.

Behavioral Risk Factor Surveillance System (BRFSS)

BRFSS collects information on adult health-related risk behaviors. According to the Centers for Disease Control and Prevention (CDC), BRFSS is a powerful tool for targeting and building health promotion activities.

Figure 9. Percent of Adult BRFSS Respondents Who Experienced Poor Mental or Physical Health that Prevented Them from Doing Usual Activities by Days Affected in Past Month, Northern Region Residents, 2013-2021.

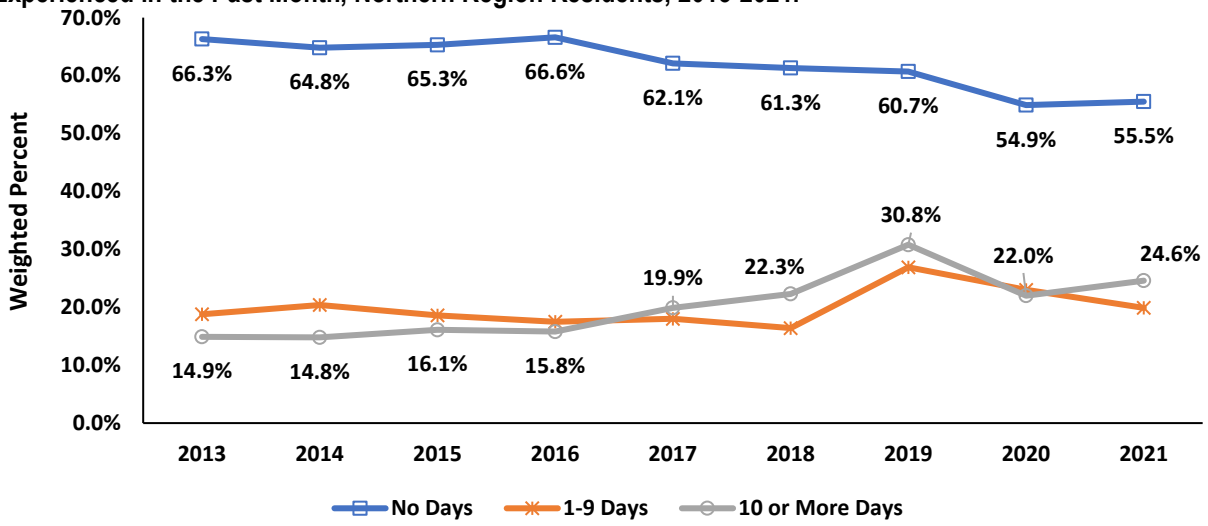


Source: Behavioral Risk Factor Surveillance System.
Chart scaled to 70.0% to display differences among groups.
Specific question asked in survey: "During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?"

The percent of adult Northern Region BRFSS respondents who reported experiencing no days of poor mental health or physical health that prevented them from doing usual activities was at a low of 47.4% in 2021. This percent has increased and decreased since 2013, with a high of 61.0% in 2014.

In contrast, the percent of adult Northern Region BRFSS respondents who reported experiencing 10 or more days of poor mental health or physical health that prevented them from doing usual activities was at a high of 28.8% in 2021, up from a low of 19.2% in 2020.

Figure 10. Percent of Adult BRFSS Respondents Whose Mental Health was Not Good by Number of Days Experienced in the Past Month, Northern Region Residents, 2013-2021.

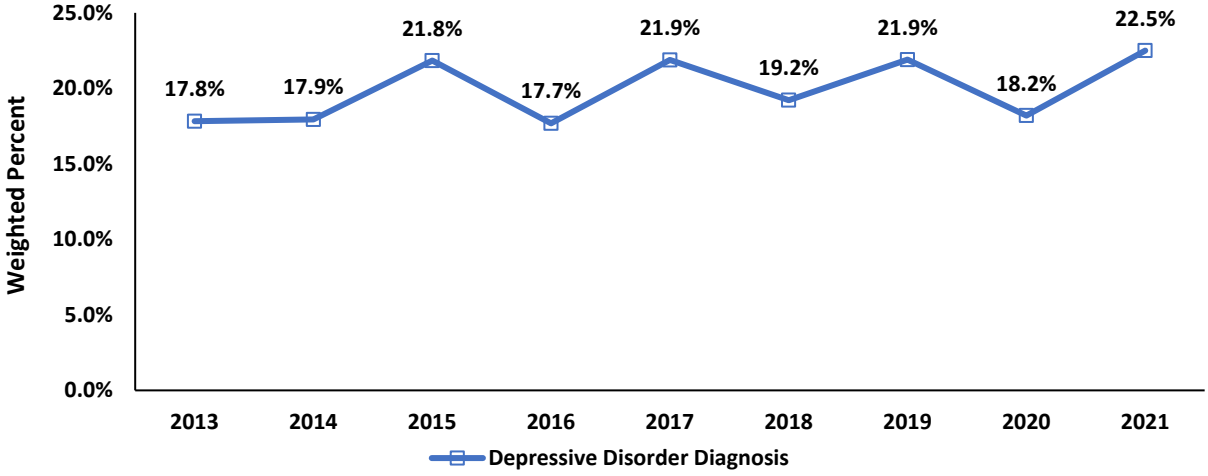


Source: Behavioral Risk Factor Surveillance System.
Chart scaled to 70.0% to display differences among groups.
Specific question asked in survey: "Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?"

The percent of adult Northern Region BRFSS respondents who reported who experienced no days in the past month in which their mental health was considered by them as "not good" steadily decreased from a high of 66.6% in 2016 to a low of 54.9% in 2020, followed by a slight increase to 55.5% in 2021.

In contrast, the percent of adult Northern Region BRFSS respondents who reported who experienced 10 or more days in the past month in which their mental health was considered by them as "not good" steadily increased from 14.8% in 2015 to 30.8% in 2019, followed by a decrease to 22.0% in 2020 and an increase of 24.6% in 2021.

Figure 11. Percent of Adult BRFSS Respondents Who Have Ever Been Told They have a Depressive Disorder, Including Depression, Major/Minor Depression, or Dysthymia, Northern Region Residents, 2013-2021.



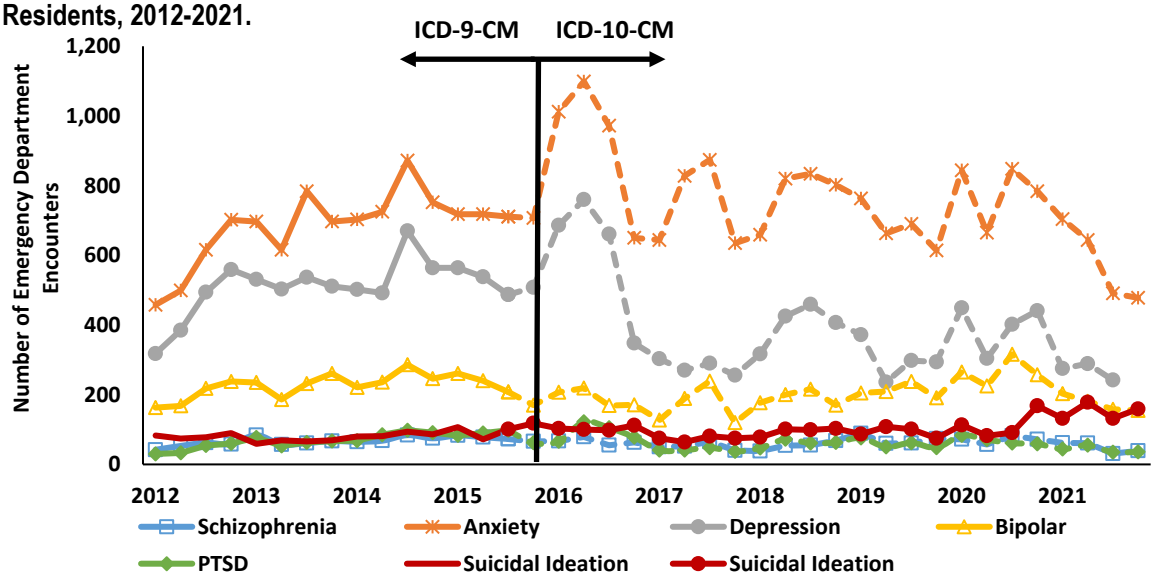
Source: Behavioral Risk Factor Surveillance System.
Chart scaled to 25.0% to display differences among groups.
Specific question asked in survey: "(Ever told) you have a depressive disorder (including depression, major depression, dysthymia, or minor depression)?"

In the Northern Region, 22.5% of adult BRFSS respondents were told they have a depressive disorder in 2021, in increase from 18.2% in 2020. This percent has increased and decreased from year to year, with 2021 having the highest percent.

Hospital Emergency Department Encounters

The hospital emergency department billing data includes data for emergency room patients for Nevada's non-federal hospitals. Since an individual can have more than one diagnosis during a single emergency department visit, the following numbers reflect the number of times a diagnosis in each of these categories was given, and therefore the following numbers are not mutually exclusive.

Figure 12. Mental Health-Related Emergency Department Encounters, by Quarter and Year, Northern Region Residents, 2012-2021.



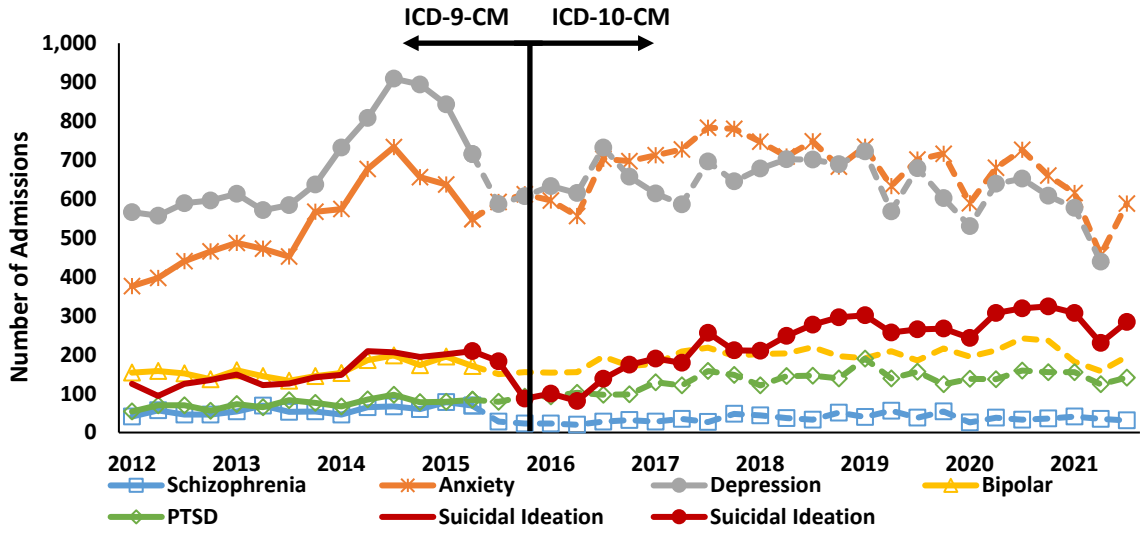
Source: Hospital Emergency Department Billing.
Categories are not mutually exclusive.
ICD-9-CM codes were replaced by ICD-10-CM codes in last quarter of 2015, therefore data prior to that may not be directly comparable.

Anxiety has been the leading mental health-related diagnosis since 2012 in emergency department encounters. Anxiety and depression-related encounters increased significantly from 2012 to 2016 in both counts and rates, followed by a decrease from 2016 to 2021.

Hospital Inpatient Admissions

Hospital Inpatient Billing data includes data for patients discharged from Nevada's non-federal hospitals. Since an individual can have more than one diagnosis during a single inpatient admission, the following numbers reflect the number of times a diagnosis was given, and therefore the following numbers are not mutually exclusive.

Figure 13. Mental Health-Related Inpatient Admissions, by Quarter and Year, Northern Region Residents, 2012-2021.



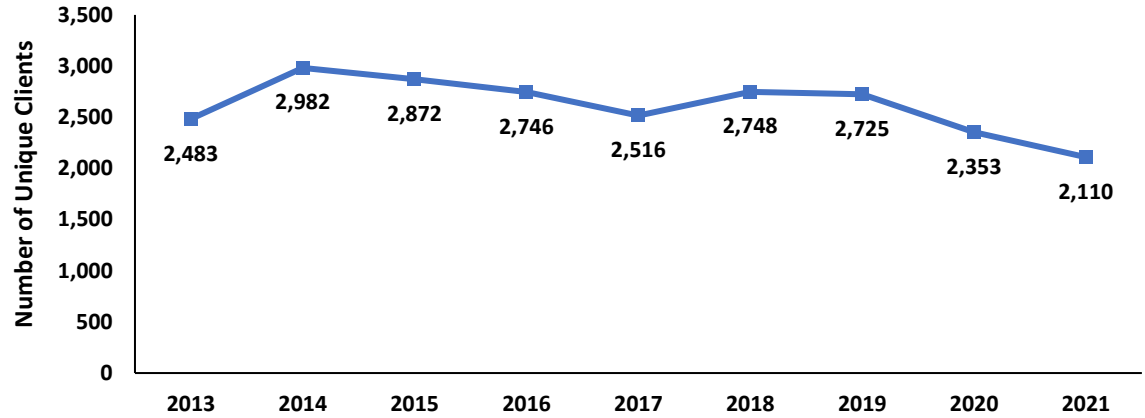
Source: Hospital Inpatient Billing.
Categories are not mutually exclusive.
ICD-9-CM codes were replaced by ICD-10-CM codes in last quarter of 2015, therefore data prior to that may not be directly comparable.

Unlike emergency department encounters, depression was the leading diagnosis for mental health-related inpatient admissions from 2012 to 2015. Starting in 2016, depression was second to anxiety-related admissions multiple times up to 2019 where anxiety has since become the leading mental health-related inpatient admission diagnosis.

State-Funded Mental Health Services

State-funded mental health facilities are divided into Northern Nevada Adult Mental Health Services (NNAMHS), Southern Nevada Adult Mental Health Services (SNAMHS) and Rural Clinic and Community Health Services. Services that state-funded mental health facilities provide include inpatient acute psychiatric, mobile crisis, outpatient counseling, service coordination, and case management.

Figure 14. Unique Adult Clients Aged 18+* Served at State-Funded Mental Health Clinics, Northern Region Residents, 2013-2021.

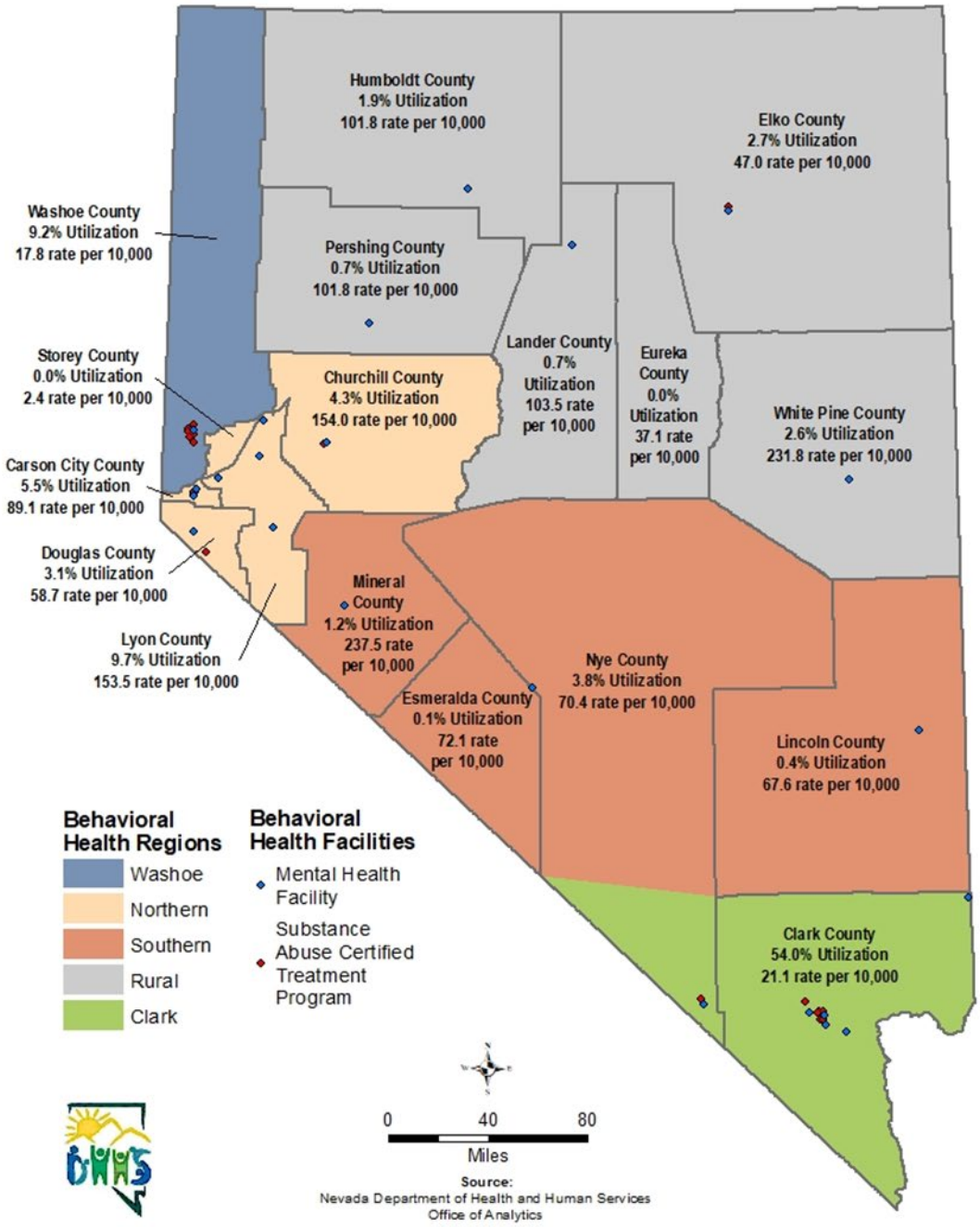


Source: State-Funded Mental Health: Avatar.
**A client is counted only once per year. Clients may be counted more than once across years.*

The number of unique clients in the Northern Region who utilized state-funded adult mental health facilities was at the lowest in 2021, with 2,110 persons. The highest number was in 2014, with 2,982 clients.

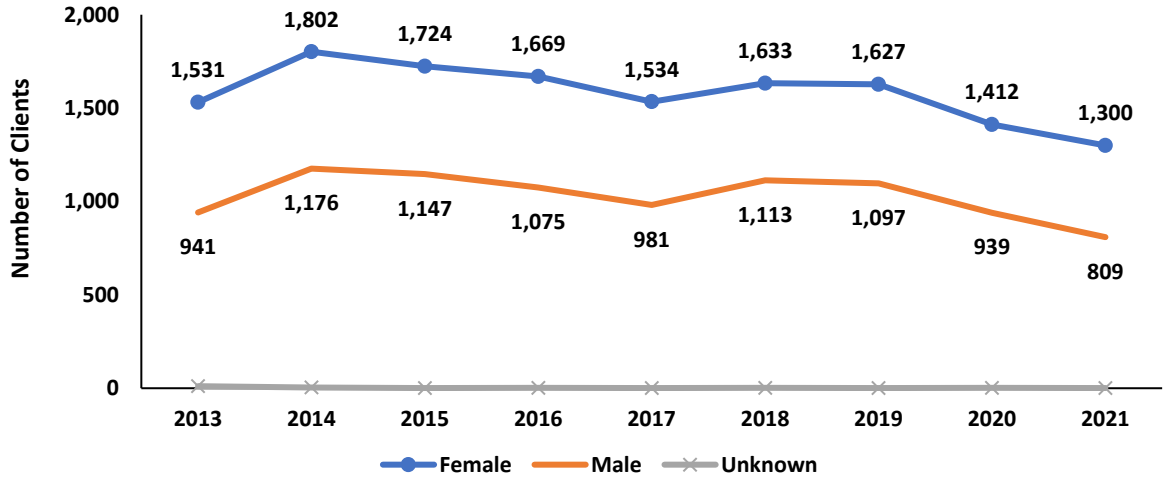
Figure 15 below shows the percent of Nevada state-funded adult mental health utilization each county represents, the rate of utilization (per 10,000 population), the behavioral health regions, and the locations of mental health and substance abuse treatment facilities.

Figure 15. State-Funded Adult (Aged 18+) Mental Health Clinic Utilization by County, 2021.



Source: State-Funded Mental Health: Avatar.
**A client is counted only once per year. Clients may be counted more than once across years.*
***Percent (%)**: Number of clients who utilize mental health services in that county divided by total utilization.*
***Rate**: Number of clients who utilize mental health services in that county divided by county population per 10,000 people.*

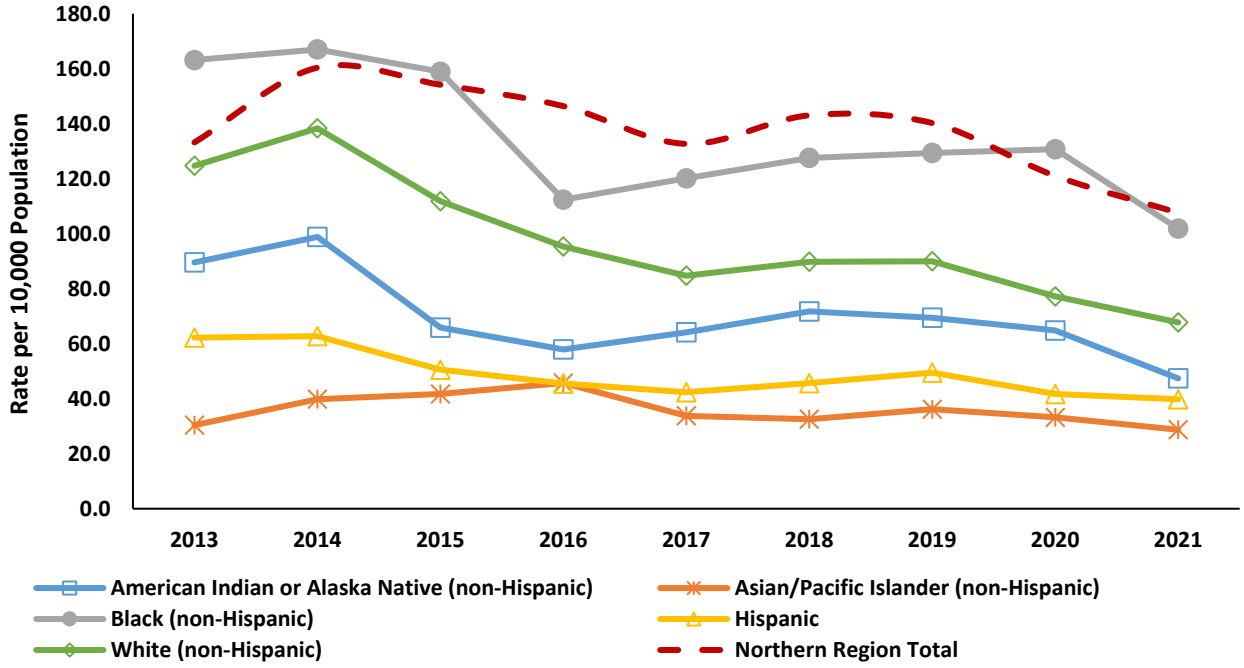
Figure 16. State-Funded Adult (Aged 18+) Mental Health Clinics Utilization* by Gender, Northern Region Residents, 2013-2021.



Source: State-Funded Mental Health: Avatar.
**A client is counted only once per year. Clients may be counted more than once across years.*

From 2013 to 2021, female Northern Region residents significantly utilized the state-funded mental health clinics more than males. In 2021, 84.3 per 10,000 male population utilized the state-funded mental health clinics, compared to females at 129.9 per 10,000 female population.

Figure 17. State-Funded Adult (Aged 18+) Mental Health Facility Utilization* Crude Rates by Race/Ethnicity, Northern Region Residents, 2013-2021.



Source: State-Funded Mental Health: Avatar.
Race "Unknown" not included in analysis.
**A client is counted only once per year. Clients may be counted more than once across years.*

The Black non-Hispanic population had the highest state-funded mental health facility utilization rates in the Northern Region for years 2013-2021, with the highest in 2014 (167.0 per 10,000 population) and the lowest in 2021 (101.9 per 10,000 population). Rates for all races were the lowest in 2021 as client counts continue to decline.

Figure 18. Top Mental Health Clinic Services by Number of Patients Served* Northern Region Clinics, 2013-2021.

Program	Year								
	2013	2014	2015	2016	2017	2018	2019	2020	2021
Carson Outpatient Counseling	475	536	501	389	445	373	278	366	252
Carson Medication Clinic	343	338	447	424	446	462	322	379	305
Douglas Outpatient Counseling	338	315	302	284	223	177	145	203	160
Douglas Medication Clinic	267	260	297	279	249	243	224	241	212
Fallon Outpatient Counseling	186	247	158	254	272	245	132	175	132
Fallon Medication Clinic	156	158	159	231	265	248	224	326	321
Fernley Medication Clinic	128	134	173	220	261	297	250	334	308
Carson Outpatient Screening	15	46	232	278	320	305	186	146	2

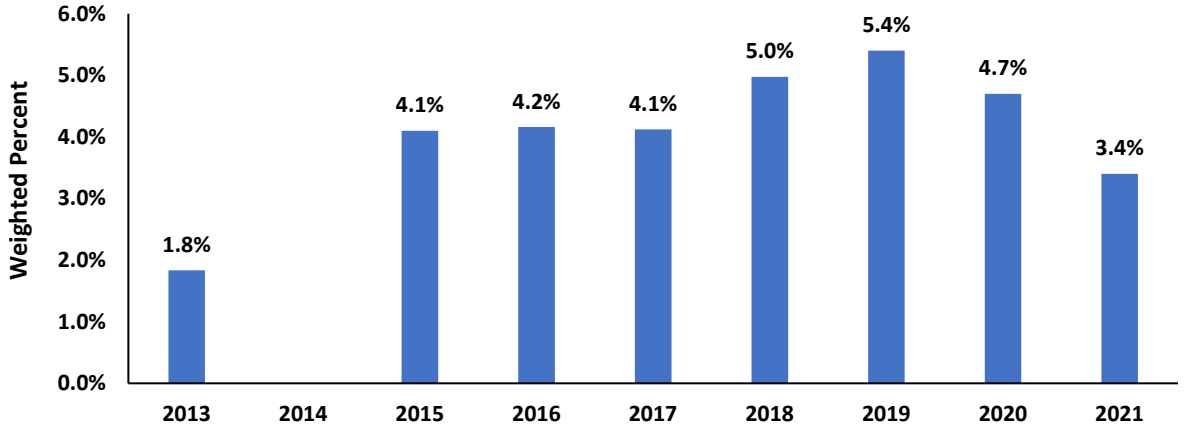
Source: State-Funded Mental Health: Avatar.
**A client is counted only once per year. Clients may be counted more than once across years.*

Patients were counted only once per program per year. Since a patient can receive services in more than one program, the counts above are not mutually exclusive. Carson Outpatient Counseling and Carson Medication Clinic continuously have the highest counts, along with Fernley Medication Clinic counts which are on the rise.

Suicide

Mental health issues, along with factors such as adverse childhood experiences and substance use disorders, may disproportionally affect those who die by suicide.

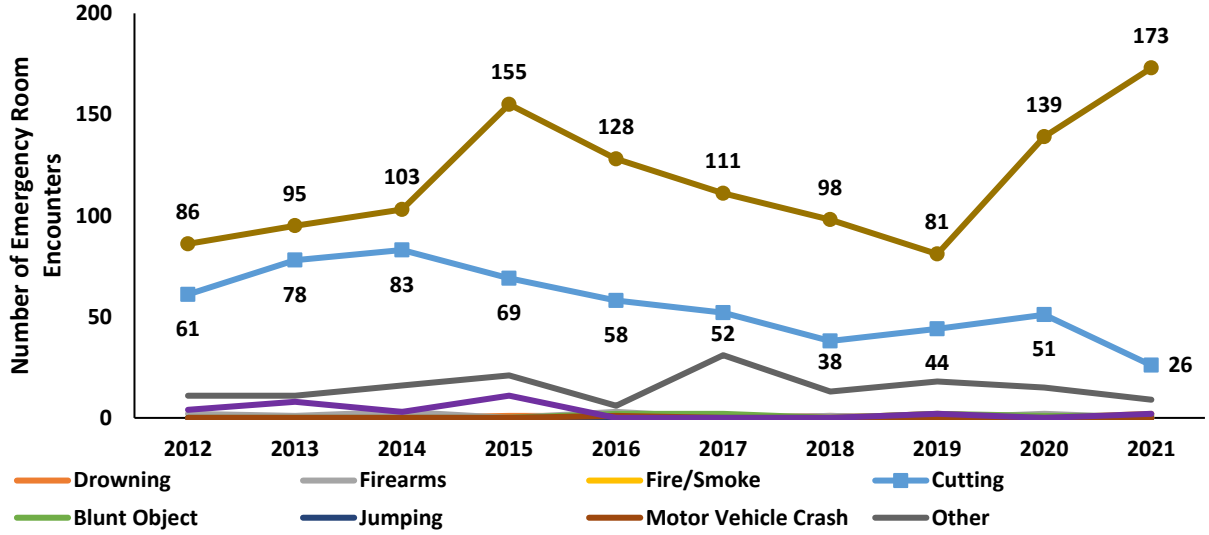
Figure 19. Percent of Adult BRFSS Respondents Who Have Seriously Considered Attempting Suicide, Northern Region Residents, 2013-2021.



Source: Behavioral Risk Factor Surveillance System (BRFSS).
Chart scaled to 6.0% to display differences among groups.
Indicator was not measured in 2014.
Specific question asked in survey: "During the past 12 months have you ever seriously considered attempting suicide?"

When asked "have you seriously considered attempting suicide during the past 12 months," 3.4% of Northern Region residents responded "yes" in 2021, which is the lowest percent since 2015.

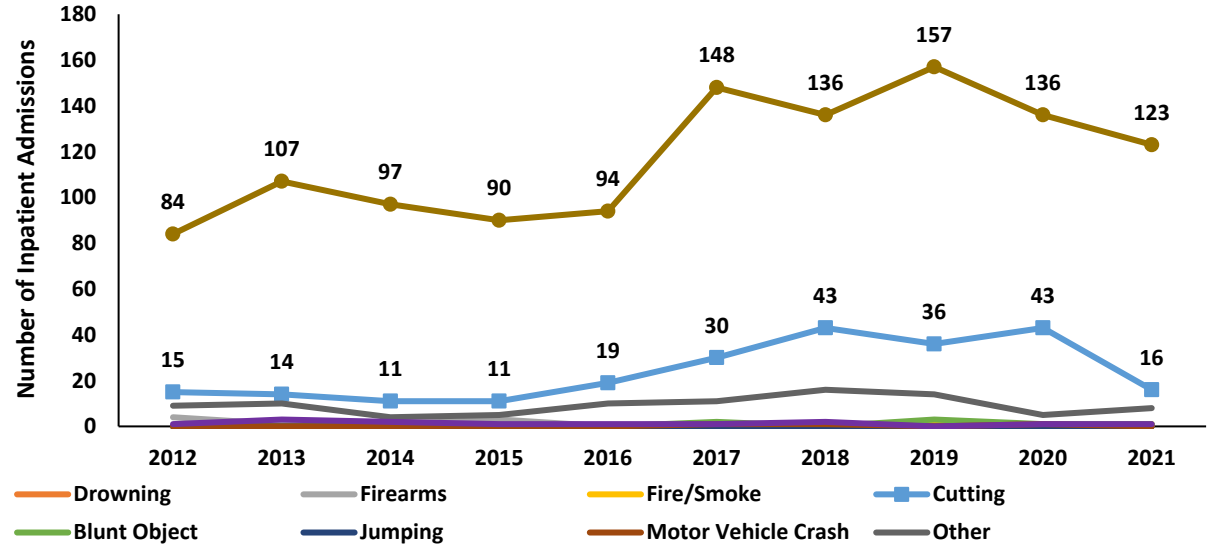
Figure 20. Suicide Attempt Emergency Department Encounters by Method, Northern Region Residents, 2012-2021.



Source: Hospital Emergency Department Billing.
ICD-9-CM codes were replaced by ICD-10-CM codes in last quarter of 2015, therefore data prior to that may not be directly comparable.
A person can be included in more than category and therefore the counts above are not mutually exclusive.

Emergency department encounters related to a suicide attempt, where the patient did not expire at the hospital, have remained steady for all methods except substances/drugs from 2012 to 2021 which experienced an increase up till 2015 followed by a period of decline to 2019 and a sharp rise in 2020 and 2021. The most common method for attempted suicide is a substance or drug overdose attempt, with 463 emergency department encounters in 2021, down from a high of 510 in 2020.

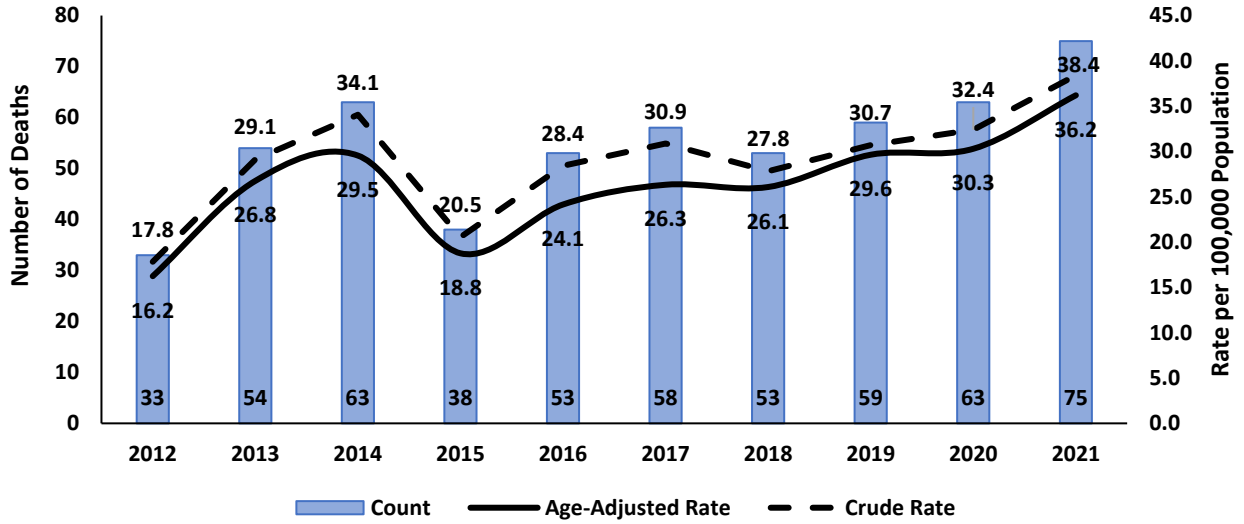
Figure 21. Suicide Attempt Inpatient Admissions by Method, Northern Region Residents, 2012-2021.



Source: Hospital Inpatient Billing.
ICD-9-CM codes were replaced by ICD-10-CM codes in last quarter of 2015, therefore data prior to that may not be directly comparable.
A person can be included in more than category and therefore the counts above are not mutually exclusive.

Inpatient admissions for attempted suicide where the patient was admitted and did not expire at the hospital have remained stable except for those related to substances which increased from the 2012-2019 but have decreased since 2019 although they remain much higher than any other method.

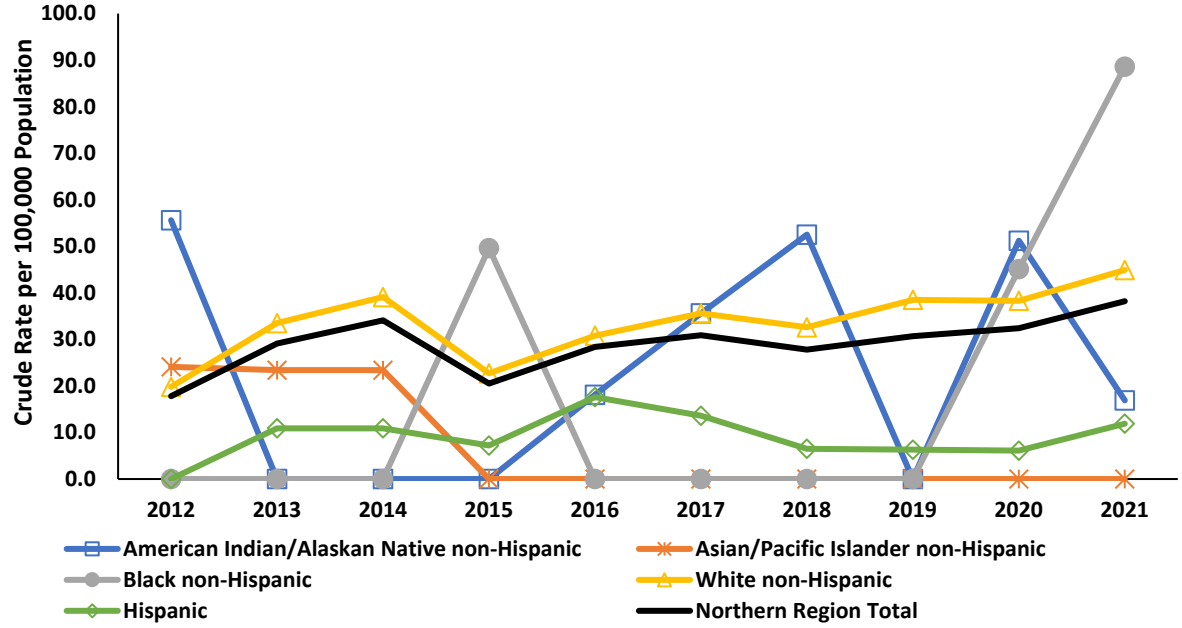
Figure 22. Number and Rate of Suicides, Northern Region Residents, 2012-2021.



Source: Nevada Electronic Death Registry System

The number and rates of suicides has steadily risen from 2012-2021 with a notable drop in 2015. The Northern Region has experienced a range of 33 to 75 suicides in 10 years along with a rise in both crude and age-adjusted rates. Age-adjusted rates went from a low of 16.2 per 100,000 population in 2012 to a high of 36.2 per 100,000 population in 2021. Likewise, crude rates increased from a low of 17.8 per 100,000 population in 2012 to a high of 38.4 per 100,000 population in 2021.

Figure 23. Crude Suicide Rates by Race/Ethnicity, Northern Region Residents, 2012-2021.



Source: Nevada Electronic Death Registry System.

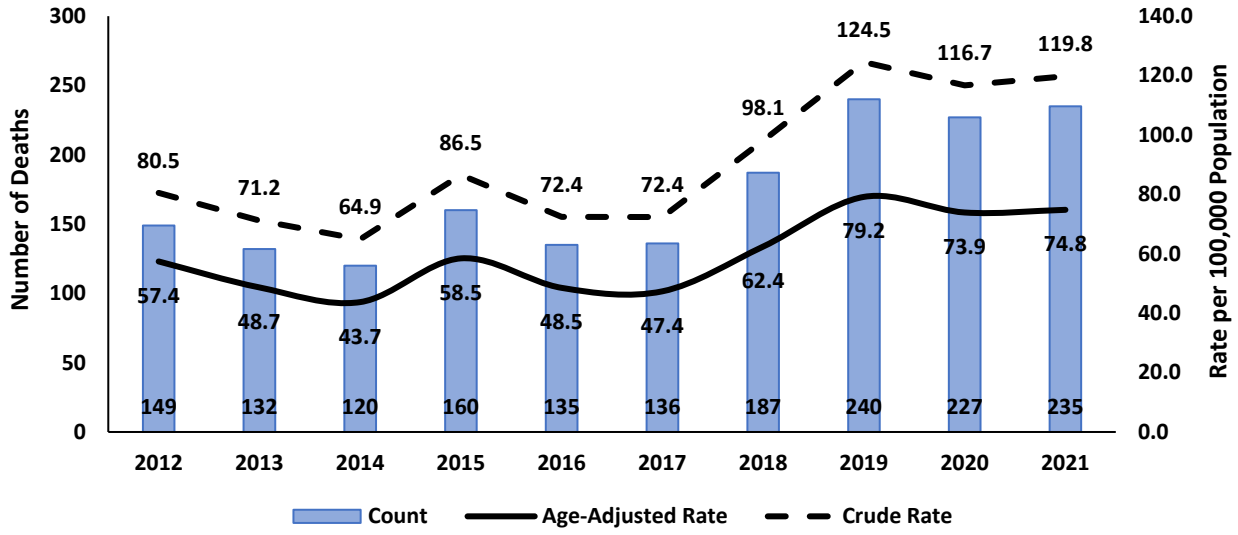
Crude rates of suicide based on race/ethnicity are to be interpreted with caution due to low populations of minority groups such as American Indian/Alaskan Native non-Hispanic and Asian/Pacific Islander non-Hispanic. Of note however, rates among the Hispanic population have historically been lower than the total rate with a brief spike in 2016 that brought the rates close to the Northern Region total rates.

Mental Health-Related Deaths

Mental health-related deaths are deaths with the following ICD-10 codes groups listed as a contributing cause of death (F00-F99 excluding F10-F19):

- Organic, including symptomatic, mental disorders
- Schizophrenia, schizotypal, and delusional disorders
- Mood [affective] disorders
- Neurotic, stress-related and somatoform disorders
- Behavioral syndromes associated with physiological disturbances and physical factors
- Disorders of adult personality and behavior
- Mental retardation
- Disorders of psychological development
- Behavioral and emotional disorders with onset usually occurring in childhood and adolescence; Unspecified mental disorder

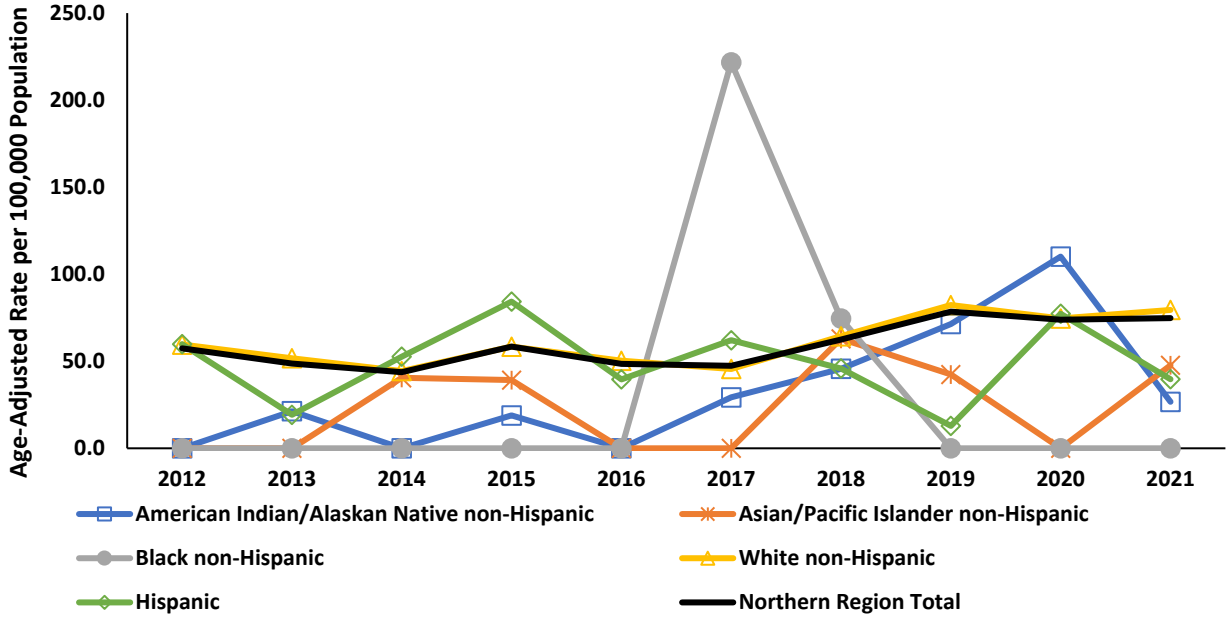
Figure 24. Mental Health-Related Deaths and Rates, Northern Region Residents, 2012-2021.



Source: Nevada Electronic Death Registry System.

Mental health-related deaths among Northern Region residents were fairly stable from 2012-2017 but have risen in 2019, 2020, and 2021, each year having more than 200 deaths. Counts and rates were at a high in 2019 before decreasing in 2020, followed by a slight increase in 2021.

Figure 25. Age-Adjusted Mental Health-Related Death Rates by Race/Ethnicity, Northern Region Residents, 2012-2021.



Source: Nevada Electronic Death Registry System.

Age-adjusted mental health-related deaths based on race/ethnicity are to be interpreted with caution due to low populations of minority groups such as American Indian/Alaskan Native non-Hispanic, Asian/Pacific Islander non-Hispanic, and Black non-Hispanic, which in total comprise 6.7% of the Northern Region's population. The White non-Hispanic rates closely mirror the Northern Region total rates, which comprise 76.2% of the population.

Substance Use

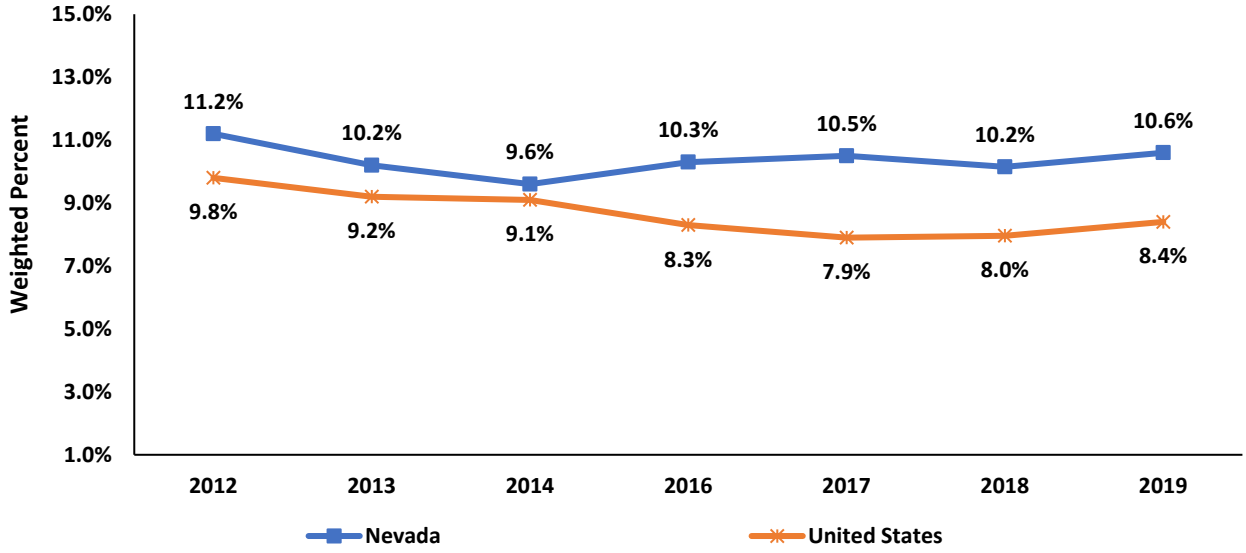
Substance use data are collected from hospital billing data, vital records data, and through national survey data including Substance Abuse and Mental Health Service Administration, BRFSS and YRBS.

National Survey of Drug Use and Health

The Substance Abuse and Mental Health Services Administration (SAMHSA) sponsors the National Survey on Drug Use and Health (NSDUH). The survey tracks trends of illicit drug, alcohol, and tobacco use, as well as mental health issues throughout the United States.

According to SAMHSA's website, state data tables and reports from the 2019-2020 NSDUH "are no longer available due to methodological concerns with combining the 2019 and 2020 data." Therefore, data in this section exclude data from the 2019-2020 NSDUH state reports. For more information, please visit SAMHSA 2019-2020 State Reports

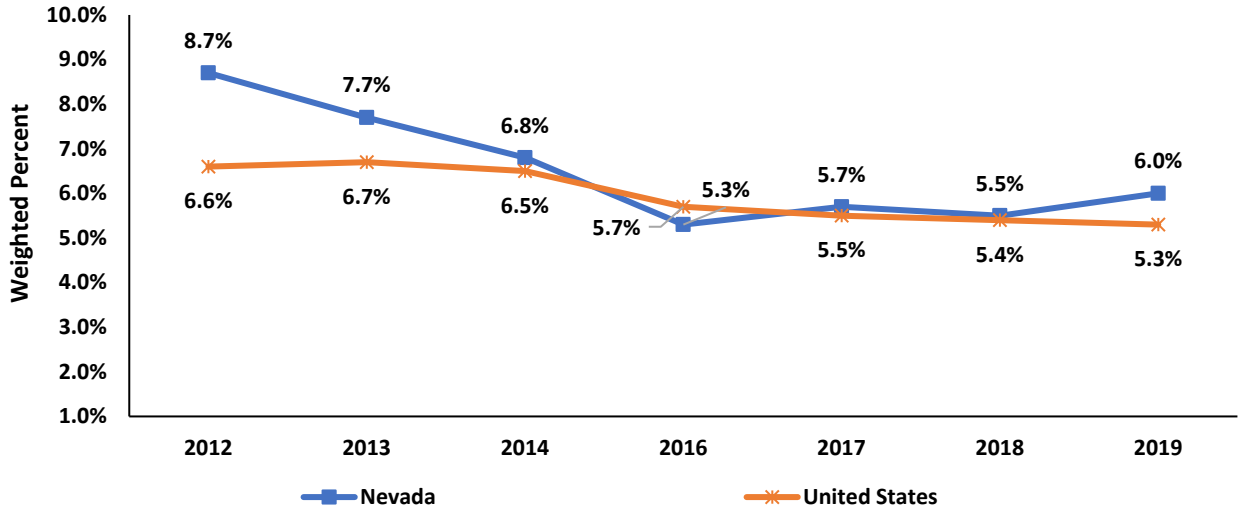
Figure 26. Illicit Drug Use Among Adolescents in the Past Month, Aged 12-17, Nevada and the United States, 2012-2019.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Surveys on Drug Use and Health.
Chart scaled to 15.0% to display differences among groups.

Although Nevada reported higher percents among adolescent illicit drug use than the United States in every year from 2012-2019, Nevada has remained within 3% of the United States each year, with 10.6% in 2019, compared to the United States at 8.4%. Nevada percent has remained steady, with a high of 11.2% in 2012 and a low of 9.6% in 2014.

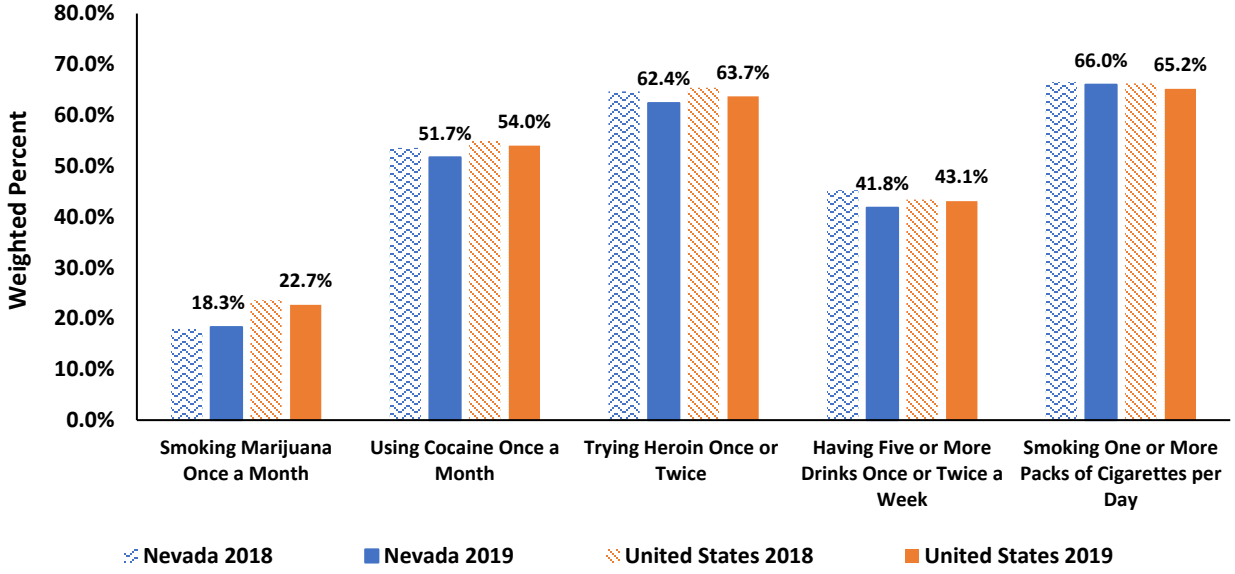
Figure 27. Alcohol Use Disorder in the Past Year, Aged 12 and Above, Nevada and the United States, 2012-2019.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Surveys on Drug Use and Health.
Chart scaled to 10.0% to display differences among groups.

Alcohol use disorder among Nevadans aged 12 and above has remained within 1% from the United States, with the exception in 2012 (8.7% and 6.6%, respectively).

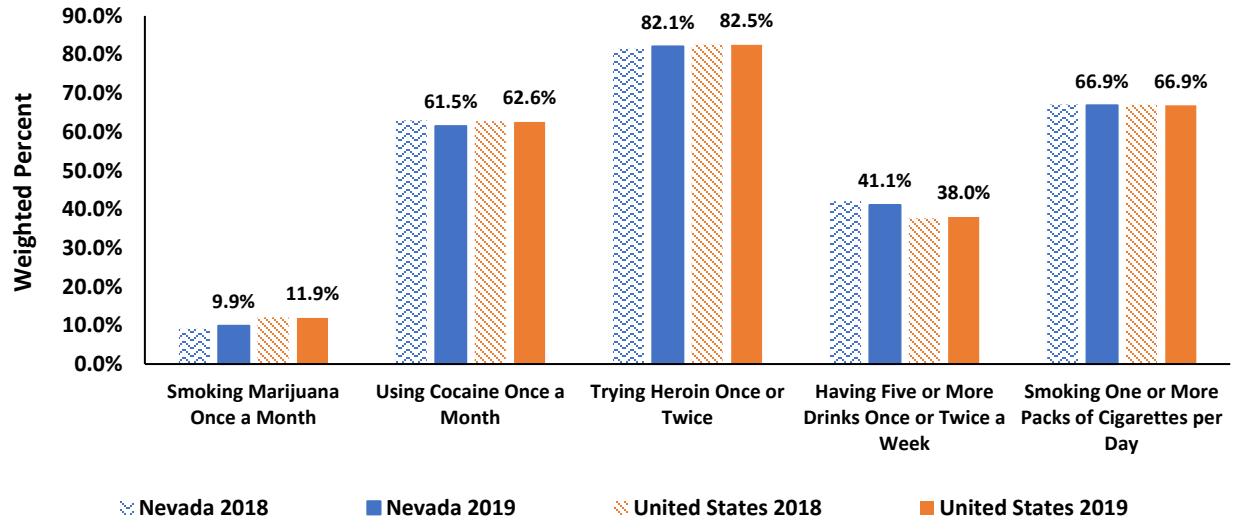
Figure 28. Perceptions of Great Risk from Alcohol or Substance Use, Adolescents Aged 12-17, Nevada and the United States 2018-2019.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Surveys on Drug Use and Health, 2017-2018 and 2018-2019.
Chart scaled to 80.0% to display differences among groups.

For perceived risks, the higher the percent, the more the person perceives there is a risk from it. Nevada adolescents aged 12-17 perceived risk in 2019 is lower than the United States for most alcohol or substance use, including using cocaine once a month at 51.7% and the United States at 54.0%.

Figure 29. Perceptions of Great Risk from Alcohol or Substance Use, Young Adults Aged 18-25, Nevada and the United States 2018-2019.



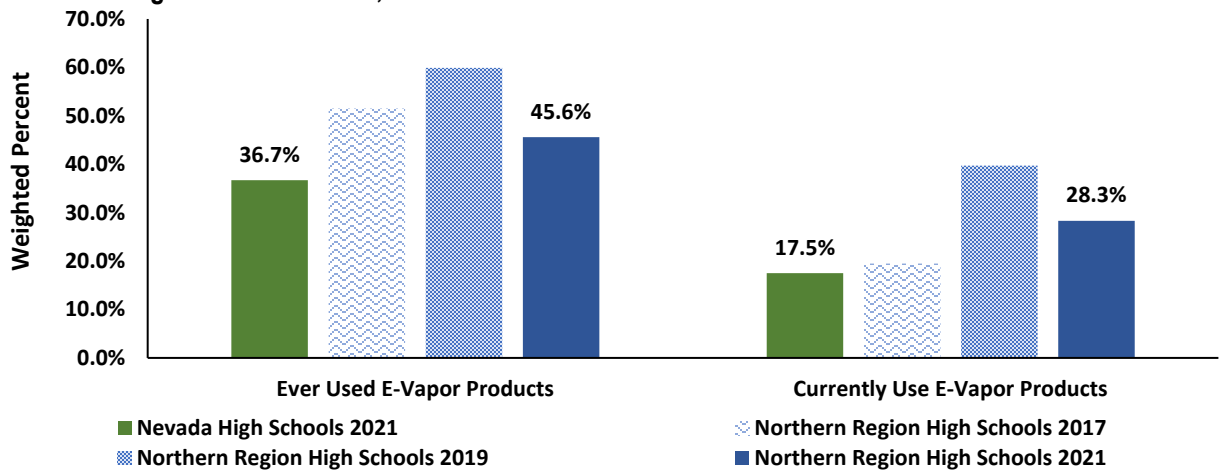
Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Surveys on Drug Use and Health, 2017-2018 and 2018-2019. Chart scaled to 90.0% to display differences among groups.

Similar to Nevada adolescents aged 12-17, Nevadans' perceived risk among persons aged 18-25 is lower than the United States in 2019 for most alcohol or substance use except for having five or more drinks once or twice a week (41.1% and 38.0%, respectively), and both at 66.9% for smoking one or more packs of cigarettes per day.

Youth Risk Behavior Survey (YRBS)

The YRBS monitors six categories of health-related behaviors that contribute to leading causes of death and disabilities among youth and adults. Nevada high school and middle school students are surveyed during the odd numbered years. In 2021, 957 Northern Region high school and 850 Northern Region middle school students participated in the YRBS in Nevada. The University of Nevada, Reno maintains the YRBS data and publishes data on each survey. For more information on the YRBS survey, please go to the following site: UNR YRBS

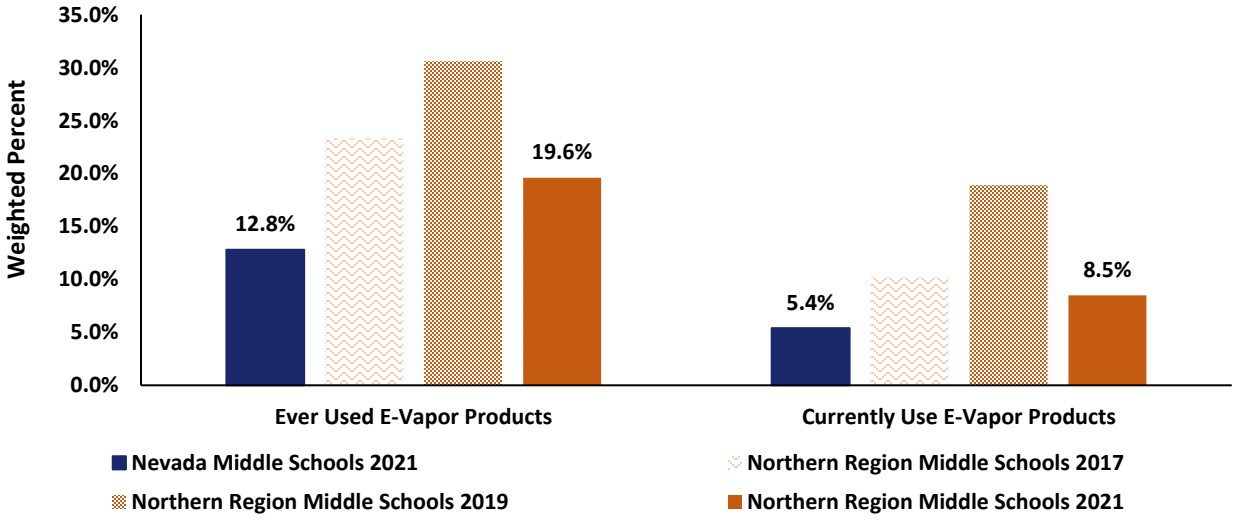
Figure 30a. Electronic Vapor Product Use, Northern Region High School Students, 2017, 2019, and 2021, and Nevada High School Students, 2021.



Source: Nevada Youth Risk Behavior Survey.
Chart scaled to 70.0% to display differences among groups.
**Includes e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods such as 'JUUL', 'SMOK', 'Suorin', 'Vuse', and 'blu'.*

The percent of Northern Region high school students who reported ever or currently using electronic vapor (E-vapor) products were highest in 2019 followed by a decrease in 2021. The percent of Northern Region high school students who reported currently using electronic vapor (E-vapor) products is significantly higher than the percent of Nevada high school students.

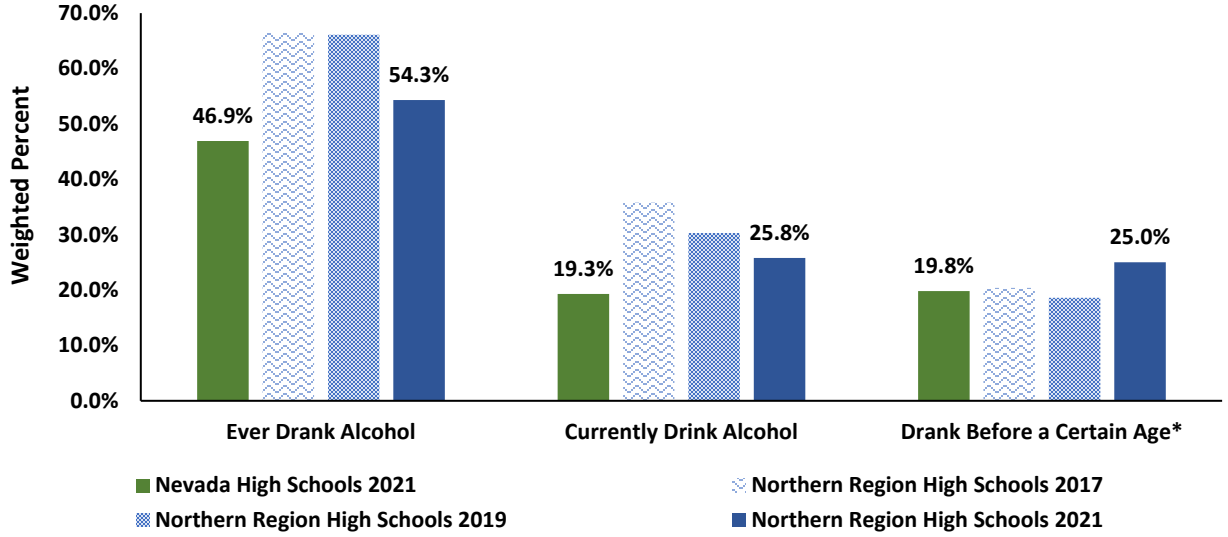
Figure 30b. Electronic Vapor Product Use, Northern Region Middle School Students, 2017, 2019, and 2021, and Nevada Middle School Students, 2021.



Source: Nevada Youth Risk Behavior Survey.
Chart scaled to 35.0% to display differences among groups.
**Includes e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods such as 'JUUL', 'SMOK', 'Suorin', 'Vuse', and 'blu'.*

The percent of Northern Region middle school students who reported ever or currently using electronic vapor (E-vapor) products were highest in 2019 followed by a decrease in 2021. The percent of Northern Region middle school students who reported ever using electronic vapor (E-vapor) products is significantly higher than the percent of Nevada middle school students.

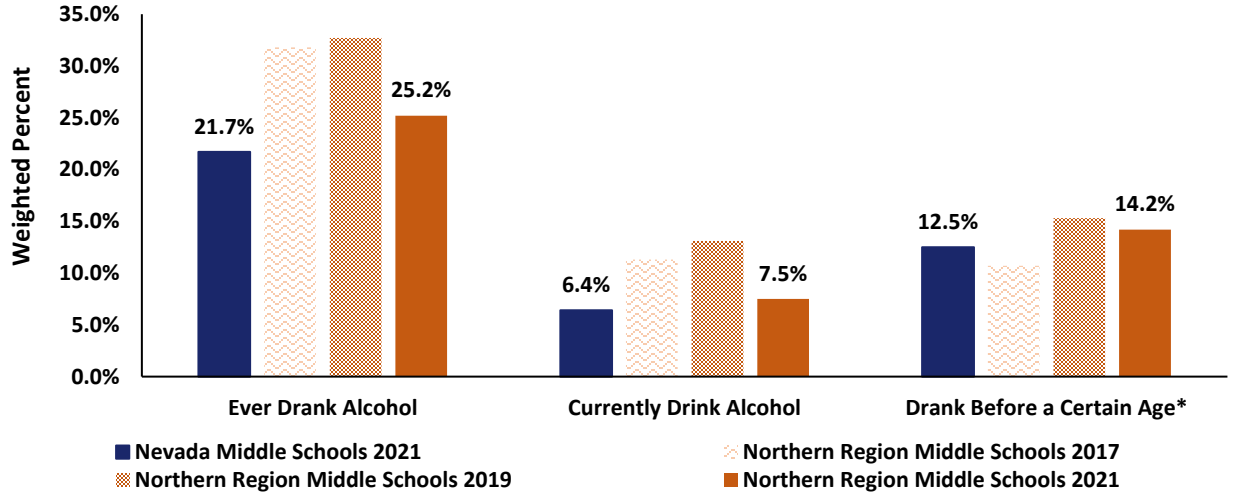
Figure 31a. Alcohol Use, Northern Region High School Students, 2017, 2019, and 2021, and Nevada High School Students, 2021.



Source: Nevada Youth Risk Behavior Survey.
Chart scaled to 70.0% to display differences among groups.
**Among high school students, if they ever drank before age 13.*

The percent of high school students in the Northern Region who ever drank alcohol and currently drink alcohol has steadily declined from 2017 to 2021. The percent of Northern Region high school students in 2021 who ever drank alcohol, currently drink alcohol, and drank before a certain age are higher than Nevada high school students, but not significantly.

Figure 31b. Alcohol Use, Northern Region Middle School Students, 2017, 2019, and 2021, and Nevada Middle School Students, 2021.

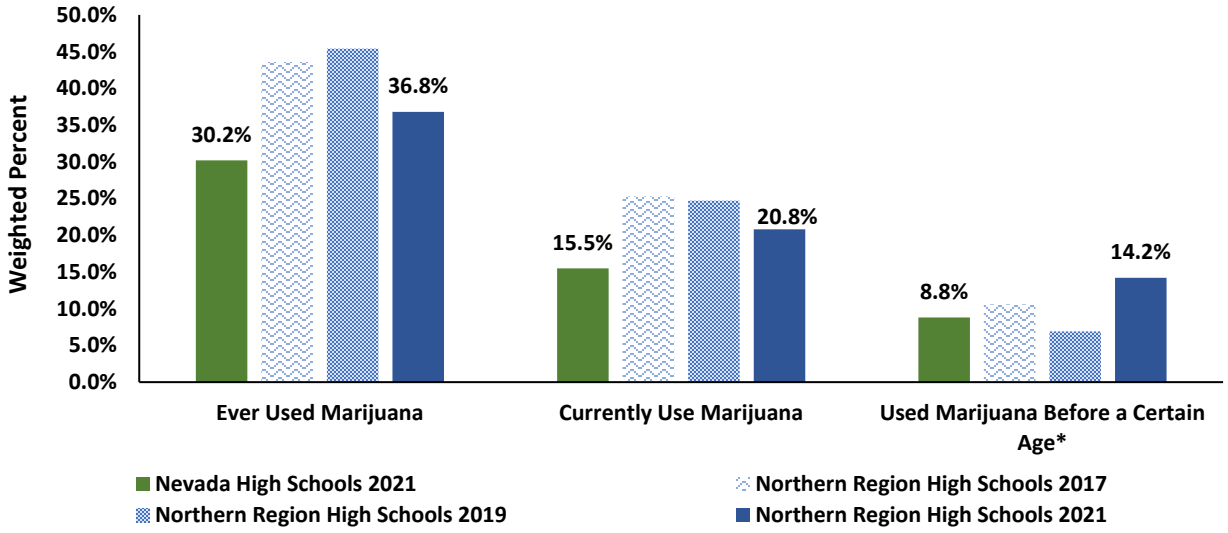


Source: Nevada Youth Risk Behavior Survey.
Chart scaled to 35.0% to display differences among groups.
**Among middle school students, if they ever drank before age 11.*

The percent of Northern Region middle school students who ever drank alcohol, currently drink alcohol, and drank before a certain age were highest in 2019 followed by a decrease in 2021.

The percent of Northern Region middle school students in 2021 who ever drank alcohol, currently drink alcohol, and drank before a certain age were all higher than the percent of Nevada middle school students, but not significantly.

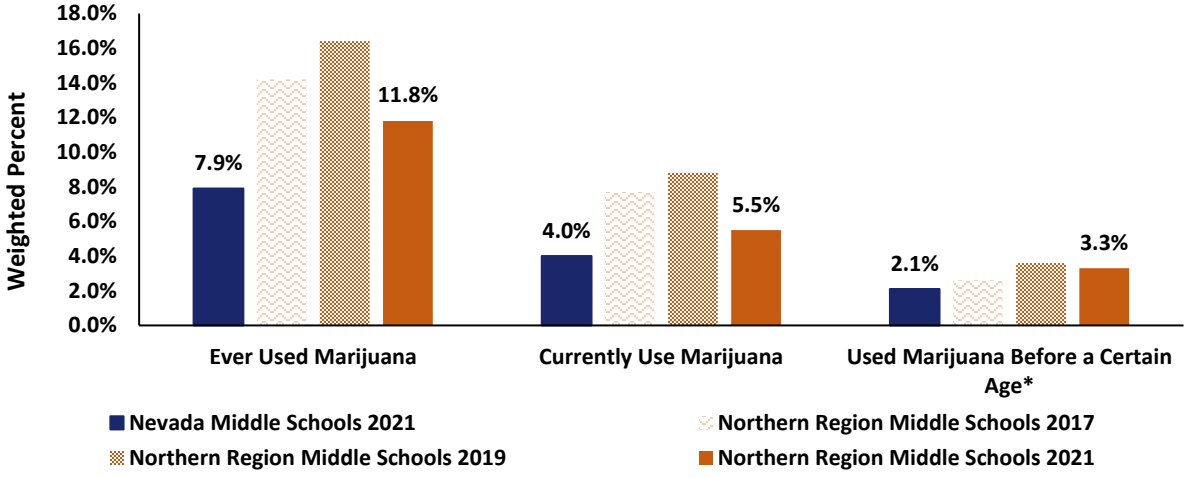
Figure 32a. Marijuana Use, Northern Region Middle School Students, 2017, 2019, and 2021, and Nevada Middle School Students, 2021.



Source: Nevada Youth Risk Behavior Survey.
Chart scaled to 50.0% to display differences among groups.
**Among high school students, if they ever used marijuana before age 13.*

The percent of high school students in the Northern Region who ever used marijuana and currently use marijuana were at the lowest in 2021, while the percent who used marijuana before a certain age (13 years old) was at the highest since 2017. The percent of Northern Region high school students in 2021 who ever used marijuana, currently use marijuana, and used marijuana before a certain age were all higher than the percent of Nevada high school students, but not significantly.

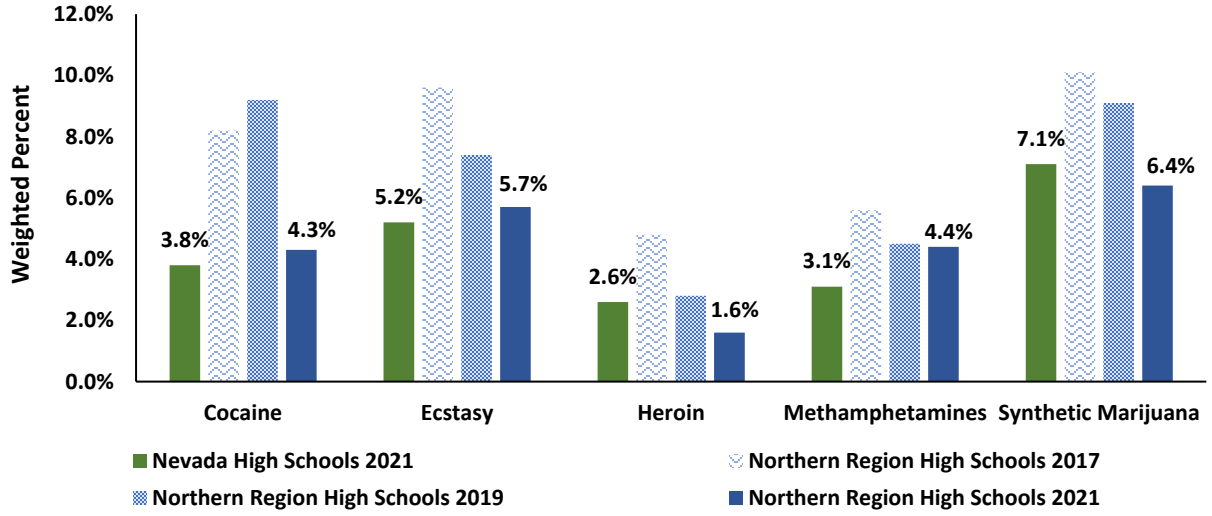
Figure 32b. Marijuana Use, Northern Region Middle School Students, 2017, 2019, and 2021, and Nevada Middle School Students, 2021.



Source: Nevada Youth Risk Behavior Survey.
Chart scaled to 18.0% to display differences among groups.
**Among middle school students, if they ever used marijuana before age 11.*

The percent of middle school students in the Northern Region who ever used marijuana and currently use marijuana were at the lowest in 2021, while the percent who used marijuana before a certain age (11 years old) was lower than in 2019 but higher than in 2017. The percent of Northern Region middle school students who ever used marijuana, currently use marijuana, and used marijuana before a certain age in 2021 were all higher than the percent of Nevada middle school students, but not significantly.

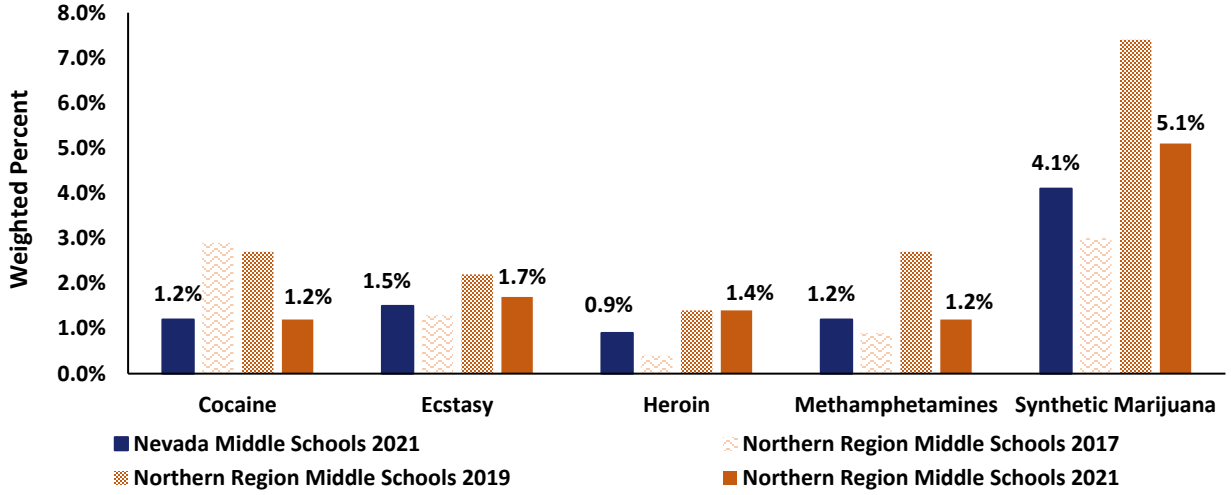
Figure 33a. Lifetime Drug Use, Northern Region High School Students, 2017, 2019, and 2021, and Nevada High School Students, 2021.



Source: Nevada Youth Risk Behavior Survey.
Chart scaled to 12.0% to display differences among groups.

From 2019 to 2021, all categories of lifetime drug use listed in Figure 33a above decreased among the Northern Region high school students. All have steadily decreased since 2017 except for cocaine use, which increased from 2017 to 2019. Lifetime cocaine, ecstasy, and methamphetamine use among the Northern Region high school students in 2021 are higher than Nevada high school students, but not significantly.

Figure 33b. Lifetime Drug Use, Northern Region Middle School Students, 2017, 2019, and 2021, and Nevada Middle School Students, 2021.



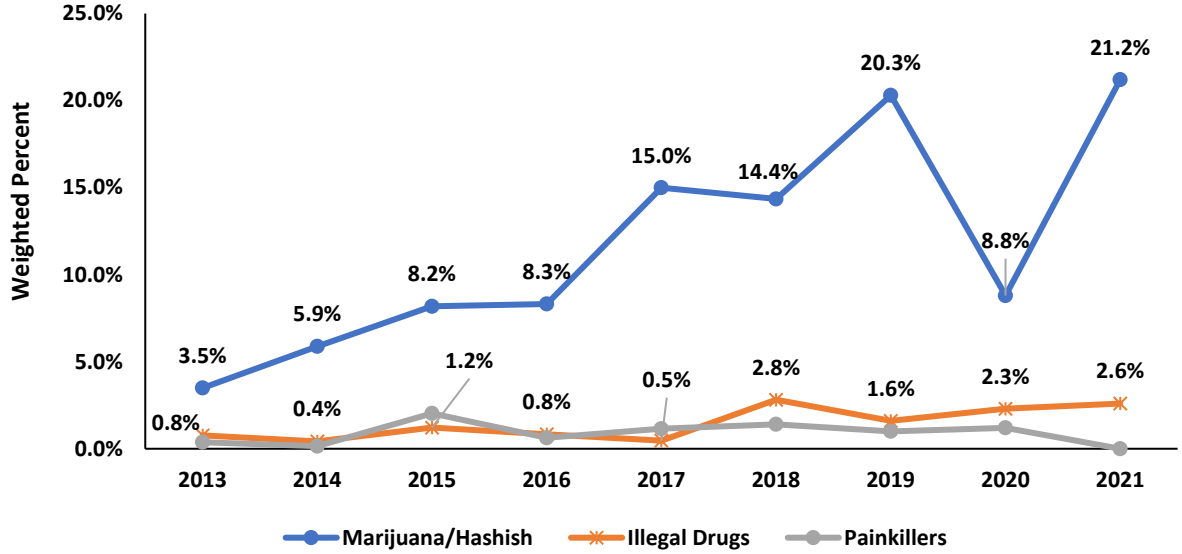
Source: Nevada Youth Risk Behavior Survey.
Chart scaled to 8.0% to display differences among groups.

From 2019 to 2021, all lifetime drug use listed in Figure 33b above decreased among Northern Region middle school students, except for heroin, which remained the same. Lifetime ecstasy, heroin, and synthetic marijuana use among the Northern Region middle school students in 2021 are higher than Nevada middle school students, but not significantly.

Behavioral Risk Factor Surveillance System

BRFSS collects information on adult health-related risk behaviors. According to the Centers for Disease Control and Prevention, BRFSS is a powerful tool for targeting and building health promotion activities. The survey has questions focusing on substance use including illegal drug use, e-cigarettes, and drunkenness.

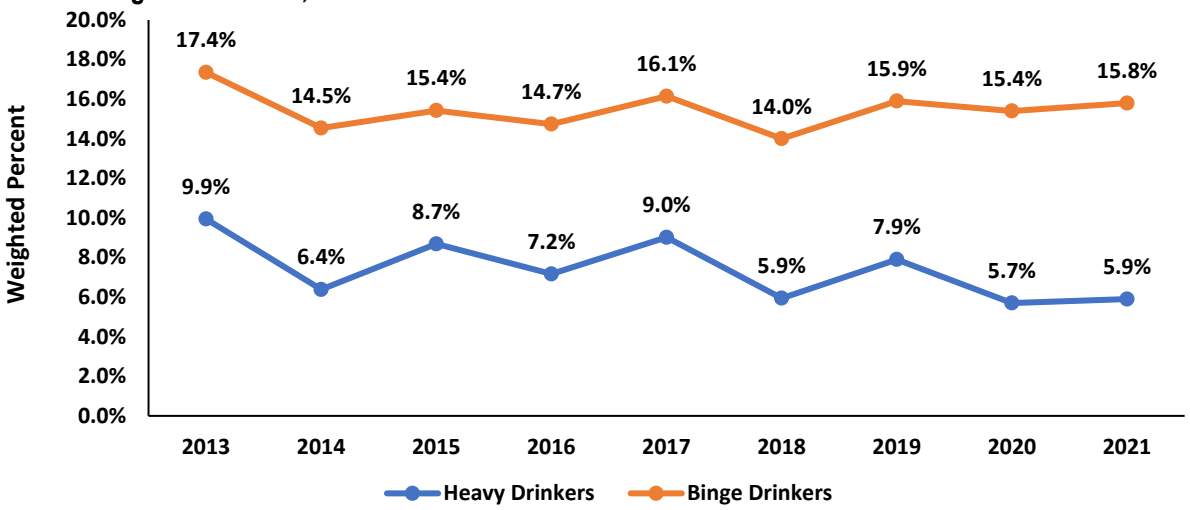
Figure 34. Percent of Adult BRFSS Respondents Who Used Marijuana/Hashish, Illegal Substances, or Painkillers to Get High in the Last 30 Days, Northern Region Residents, 2013-2021.



Source: Behavioral Risk Factor Surveillance System.
Chart scaled to 25.0% to display differences among groups.
Specific question asked in survey: "During the past 30 days, on how many days did you use marijuana or hashish/any other illegal drug/prescription drugs without a doctor's order, just to "feel good," or to "get high"?"

Marijuana use has increased over sixfold since 2013. In 2021, 21.2% of Northern Region resident BRFSS respondents have used marijuana in the past 30 days, up from 3.5% in 2013. Marijuana use is expected to increase as marijuana was legalized in Nevada in 2017. Of the adult Northern Region residents surveyed, 0% (on average) used painkillers to get high in the last 30 days and 2.6% used other illegal drugs to get high in the last 30 days.

Figure 35. Percent of Adult BRFSS Respondents Who are Considered Binge Drinkers or Heavy Drinkers, Northern Region Residents, 2013-2021.

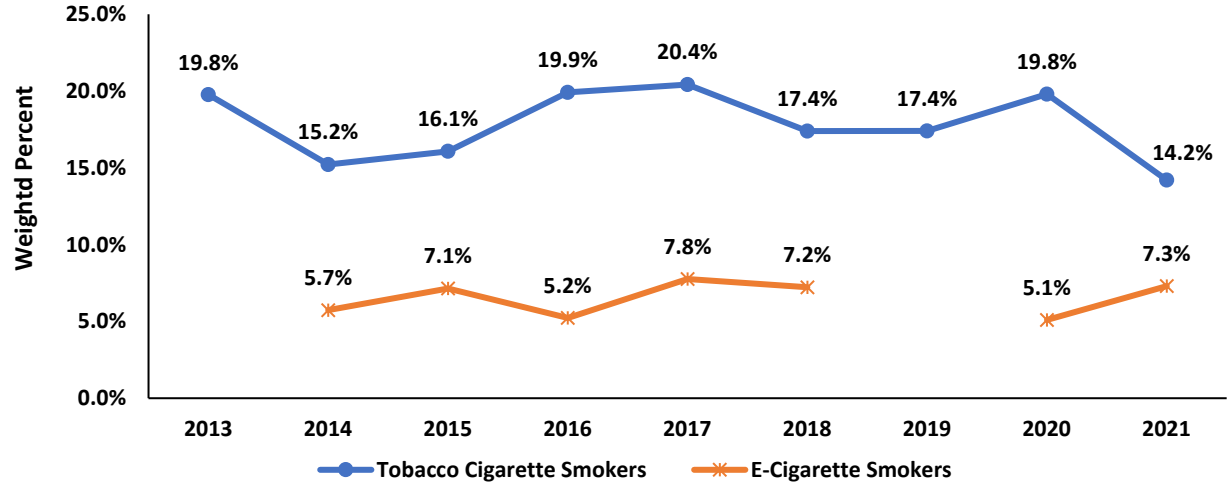


Source: Behavioral Risk Factor Surveillance System.
Chart scaled to 20.0% to display differences among groups.
Heavy drinkers (adult men having more than 14 drinks per week and adult women having more than seven drinks per week).
Binge drinkers (adult men having five or more drinks on one occasion, adult women having four or more drinks on one occasion).

Binge drinking is defined in men as having five or more alcoholic beverages and woman having four or more alcoholic beverages on the same occasion. Heavy drinking is defined in men as consuming 15 or more alcoholic beverages per week, and women as consuming eight or more alcoholic beverages per week (CDC Binge and Heavy Drinking).

Binge drinking percents among adult Northern Region BRFSS respondents fluctuated from a high of 17.4% in 2013 to a low of 14.0% in 2018. Heavy drinking percents among adult Northern Region BRFSS respondents fluctuated from a high of 9.9% in 2013 to a low of 5.7% in 2020.

Figure 36. Percent of Adult BRFSS Respondents Who are Current Tobacco Cigarette or E-Cigarette Smokers, Northern Region Residents, 2013-2021.



Source: Behavioral Risk Factor Surveillance System.
Chart scaled to 25.0% to display differences among groups.
E-cigarette use was not collected until 2014, and not collected in 2019.

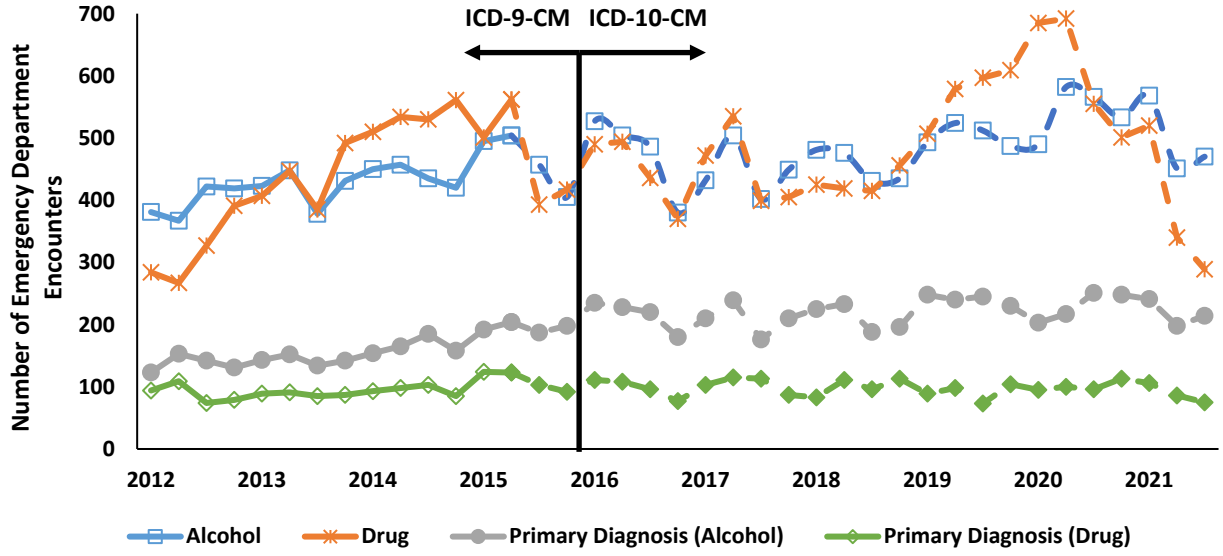
Current cigarette smokers are defined as individuals who have smoked at least 100 cigarettes in their lifetime and currently smoke. Current e-cigarette smokers are defined as individuals who currently have smoked on at least one day in the past 30 days or who currently report using e-cigarettes or other electronic "vaping" products every day or some days.

In 2021, 14.2% of adults in the Northern Region were current tobacco cigarette smokers, which has decreased from a high of 19.8% in 2013. E-cigarette use among adults in the Northern Region increases and decreases from year to year, ranging from a low of 5.1% (2020) to a high of 7.8% (2017).

Hospital Emergency Department Encounters

The hospital emergency department billing data provides health billing data for emergency departments patients for Nevada's non-federal hospitals. Since an individual can have more than one diagnosis during a single emergency department visit, the following numbers are not mutually exclusive.

Figure 37. Alcohol-Related and Drug-Related Emergency Department Encounters by Quarter and Year, Northern Region Residents, 2012-2021.

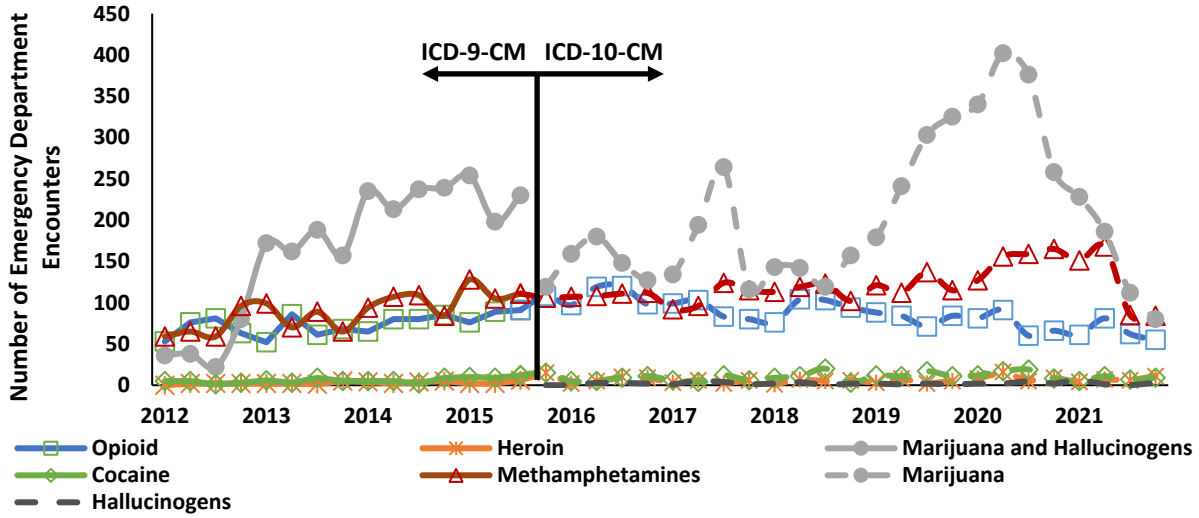


Source: Hospital Emergency Department Billing.
Categories are not mutually exclusive.
ICD-9-CM codes were replaced by ICD-10-CM codes in last quarter of 2015, therefore data prior to that may not be directly comparable.

The "primary diagnosis" is the condition established to be chiefly responsible for the emergency department visit. The "alcohol" and "drug" categories are for any visits where alcohol/drugs were listed in any of the diagnoses.

Alcohol-related visits were more common than drug-related visits until 2014, when drug-related visits to the emergency department surpassed alcohol-related and have mostly remained higher through 2021 with an anomalous fall in the final two quarters of 2021.

Figure 38. Drug-Related Emergency Department Encounters by Drug and Quarter and Year, Northern Region Residents, 2012-2021.



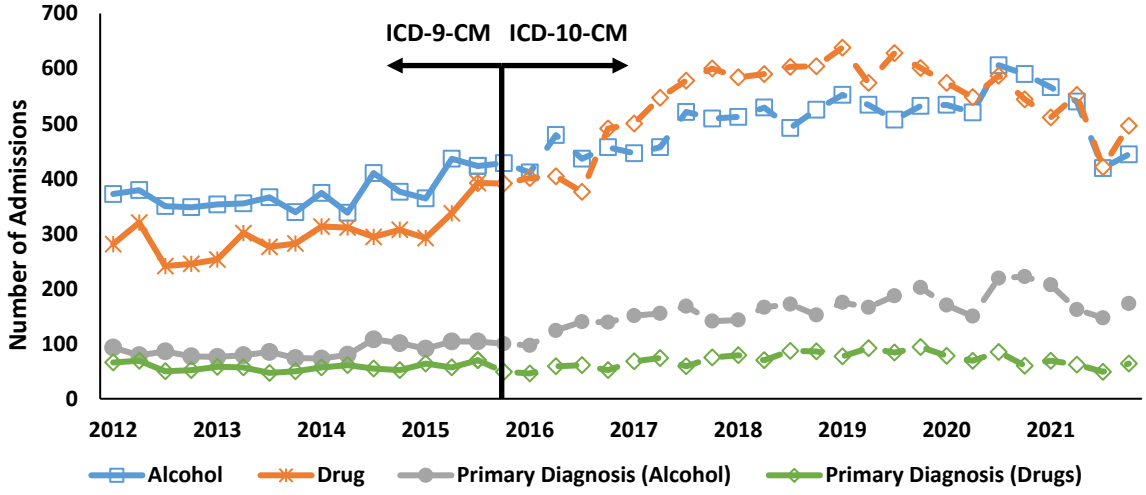
Source: Hospital Emergency Department Billing.
Categories are not mutually exclusive.
ICD-9-CM codes were replaced by ICD-10-CM codes in last quarter of 2015, therefore data prior to that may not be directly comparable.

Hallucinogens and marijuana were grouped together for ICD-9-CM, but in 2015 were separated into different groups in the ICD-10-CM codes. Emergency department encounters for marijuana increased from 2018 to 2020 before decreasing to counts similar to those for opioids and methamphetamines.

Hospital Inpatient Admissions

The hospital inpatient admission billing data provides health billing data for patients admitted to hospitals for longer than a 24-hour period.

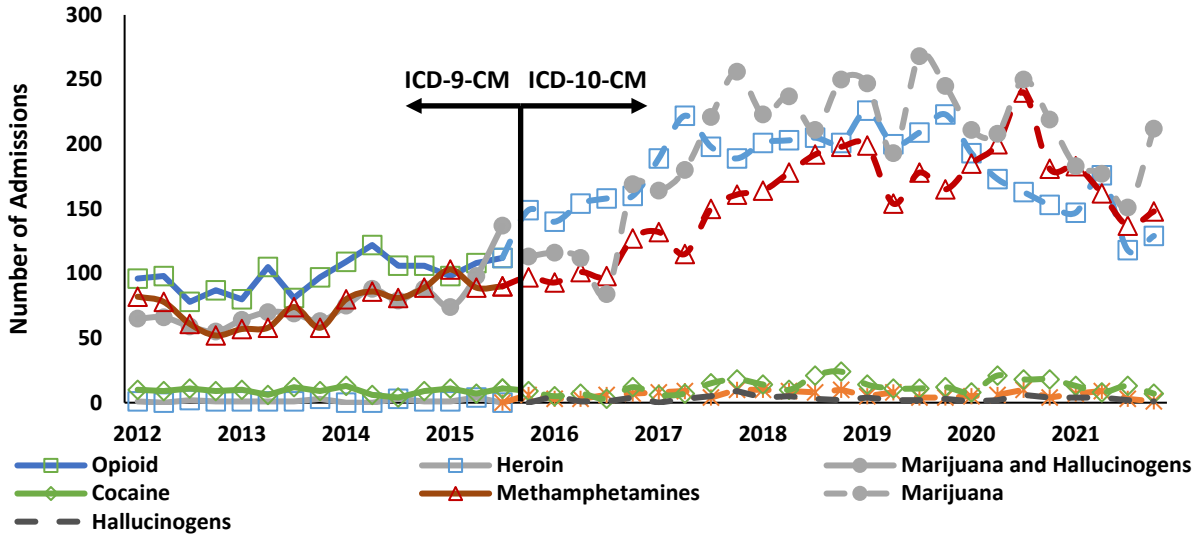
Figure 39. Alcohol-Related and/or Drug-Related Inpatient Admissions by Quarter and Year, Northern Region Residents, 2012-2021.



Source: Hospital Inpatient Billing.
Categories are not mutually exclusive.
ICD-9-CM codes were replaced by ICD-10-CM codes in last quarter of 2015, therefore data prior to that may not be directly comparable.

Alcohol-related admissions were more common than drug-related admissions until 2017 where drug-related admissions surpassed alcohol-related admissions and have remained higher through 2021 with a brief period of alcohol-related admissions being higher in 2020.

Figure 40. Drug-Related Inpatient Admissions by Quarter and Year, Northern Region Residents, 2012-2021.



Source: Hospital Inpatient Billing.
Categories are not mutually exclusive.
ICD-9-CM codes were replaced by ICD-10-CM codes in last quarter of 2015, therefore data prior to that may not be directly comparable.

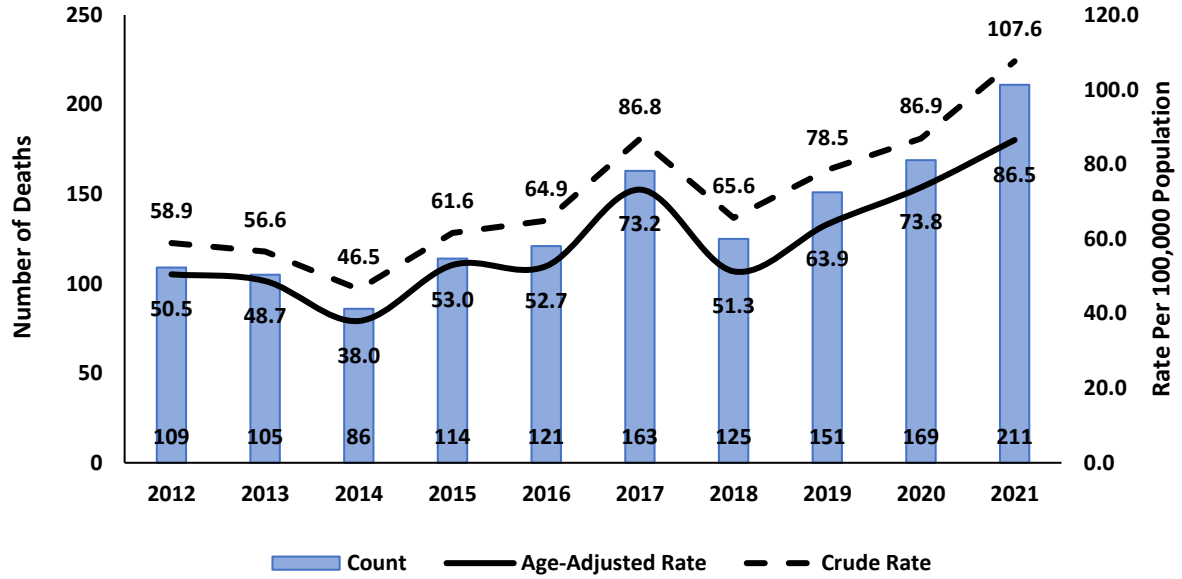
Hallucinogens and marijuana were grouped together in the ICD-9-CM codes but were separated in 2015 into different groups in the ICD-10-CM codes.

Opioids were the most common drug-related hospital admission reason until 2017 when they were surpassed by marijuana. Inpatient admissions for marijuana, opioids, and methamphetamines have been increasing since 2016 while other drug-related admissions have remained steady. Starting in mid-2020 however, marijuana, opioids, and methamphetamines did fall significantly from their previous highs.

Alcohol-Related and/or Drug-Related Deaths

Alcohol-related and/or drug-related deaths include deaths where alcohol/drugs are listed as the cause of death. In previous reports, contributing causes of death for alcohol/drugs were included; therefore, counts will be lower than in the previous report.

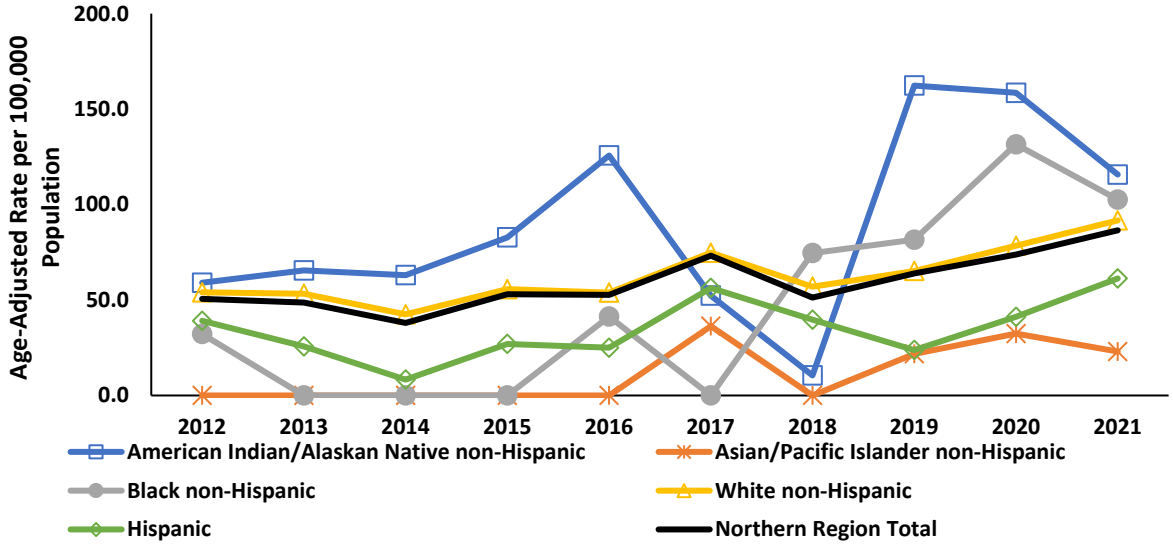
Figure 41. Alcohol-Related and/or Drug-Related Deaths and Rates, Northern Region Residents, 2012-2021.



Source: Electronic Death Registry System.

The alcohol-related and/or drug-related age-adjusted rate increased significantly in 2017 from previous years (95% confidence interval), decreased in 2018, followed by a significant increase through 2021.

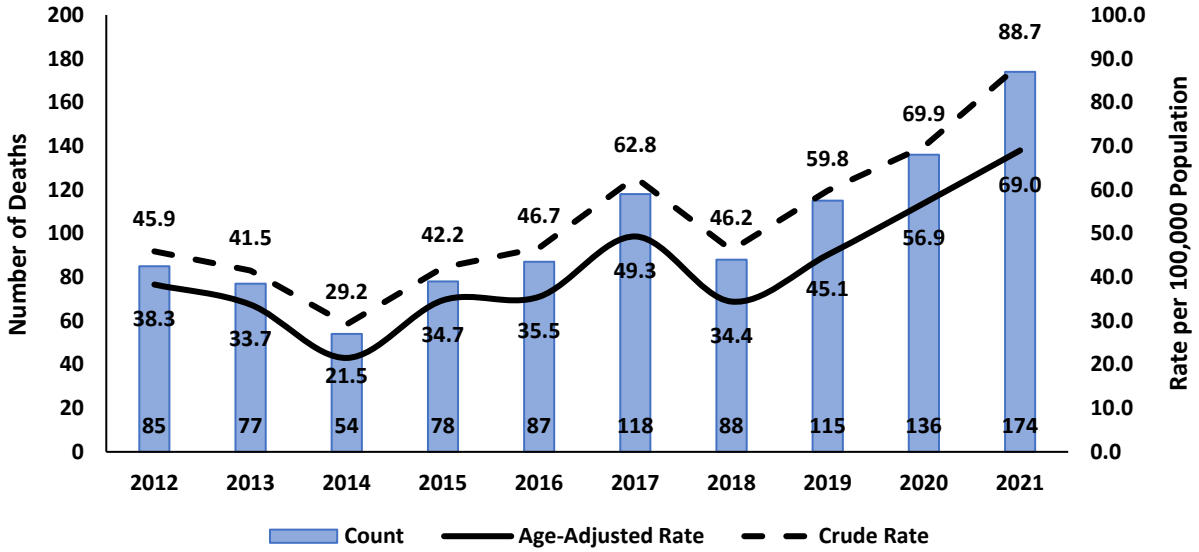
Figure 42. Age-Adjusted Rates for Alcohol-Related and/or Drug-Related Deaths by Race, Northern Region Residents, 2012-2021.



Source: Electronic Death Registry System.

Deaths due to alcohol and/or drugs among Northern Region residents have risen slightly from 2012 to 2021. While deaths in the American Indian/Alaskan Native non-Hispanic population increased in 2011 and 2016, these deaths are not statistically significant (95% confidence interval) due to the relatively small population size. Similarly, Black non-Hispanic rates have risen since 2017 over the Northern Region Total; however, these rates should be interpreted with caution due to small population size.

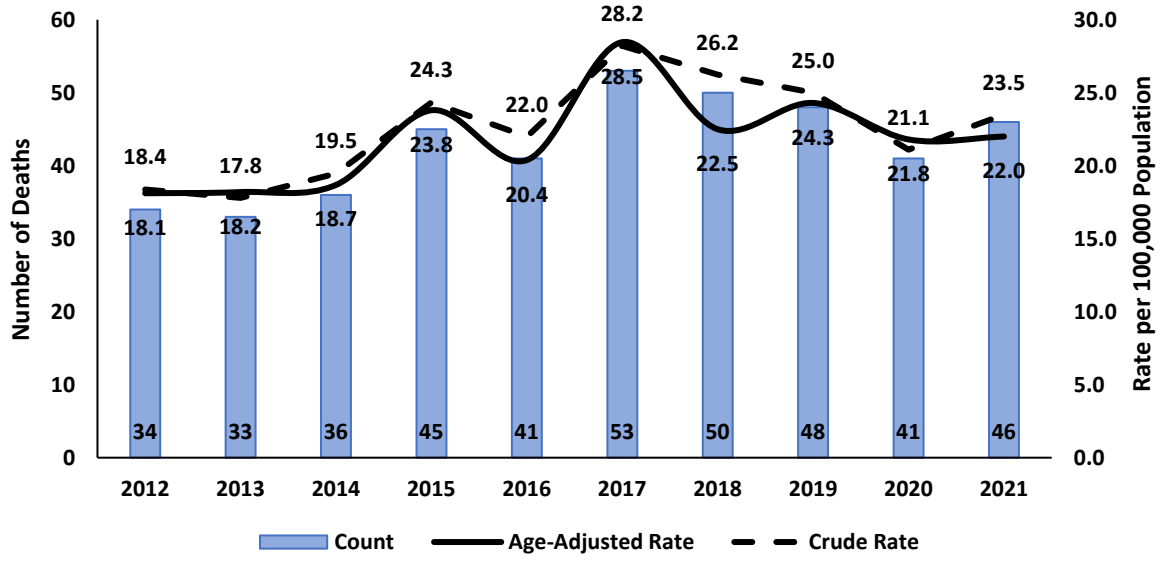
Figure 43. Alcohol-Related Deaths and Rates, Northern Region Residents, 2012-2021.



Source: Electronic Death Registry System.

Alcohol-related death rates among Northern Region residents increased significantly in 2017 from previous years (95% confidence interval), decreased in 2018, followed by a significant increase through 2021.

Figure 44. Drug-Related Deaths and Rates, Northern Region Residents, 2012-2021.



Source: Electronic Death Registry System.

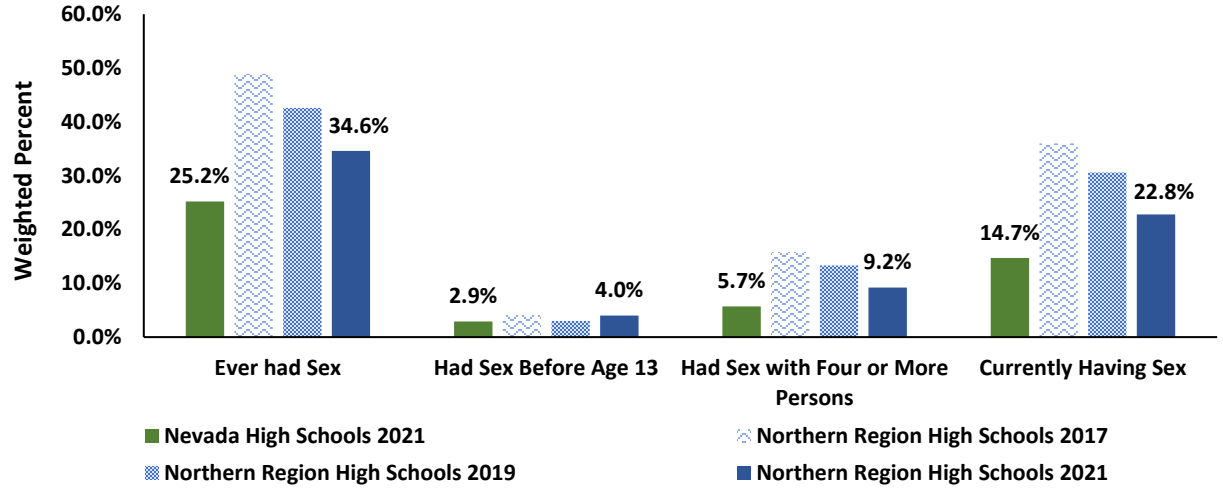
Drug-related deaths among Northern Region residents have risen slightly from 2012-2021. The counts, age-adjusted, and crude rates were the highest in 2017, the counts and age-adjusted rates were lowest in 2012, while the crude rate was lowest in 2013.

Youth

This section focuses on other factors that affect youth not directly related to substance use or mental health. All survey data are self-reported.

Youth Risk Behavior Survey (YRBS)

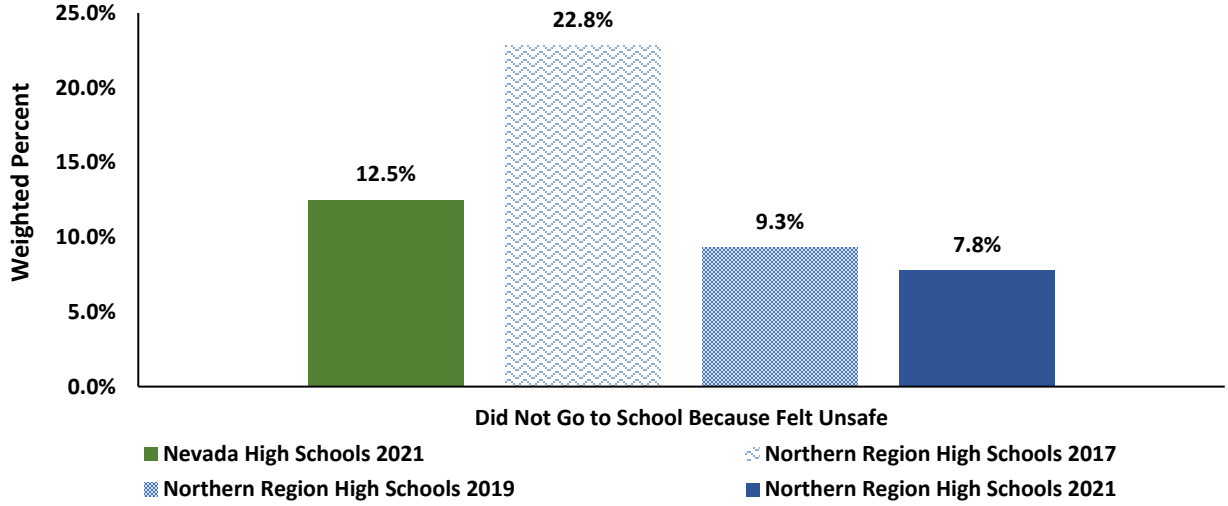
Figure 45. Sexual Behaviors Among Students, Northern Region High School Students, 2017, 2019, and 2021, and Nevada High School Students, 2021.



Source: Nevada Youth Risk Behavior Survey.
Chart scaled to 60.0% to display differences among groups.

The percent of high school students in the Northern Region who ever had sex, had sex with four or more persons, and are currently having sex has steadily declined from 2017 to 2021, while the percent who had sex before age 13 stayed roughly constant. All percents of sexual behaviors listed above in Figure 45 among Northern Region high school students are higher than among Nevada high school students, but not significantly.

Figure 46. Percent of Northern Region High School Students Who Didn't Go to School Because They Felt Unsafe, 2017, 2019, and 2021, and Nevada High School Students, 2021.



Source: Nevada Youth Risk Behavior Survey.
Chart scaled to 25.0% to display differences among groups.

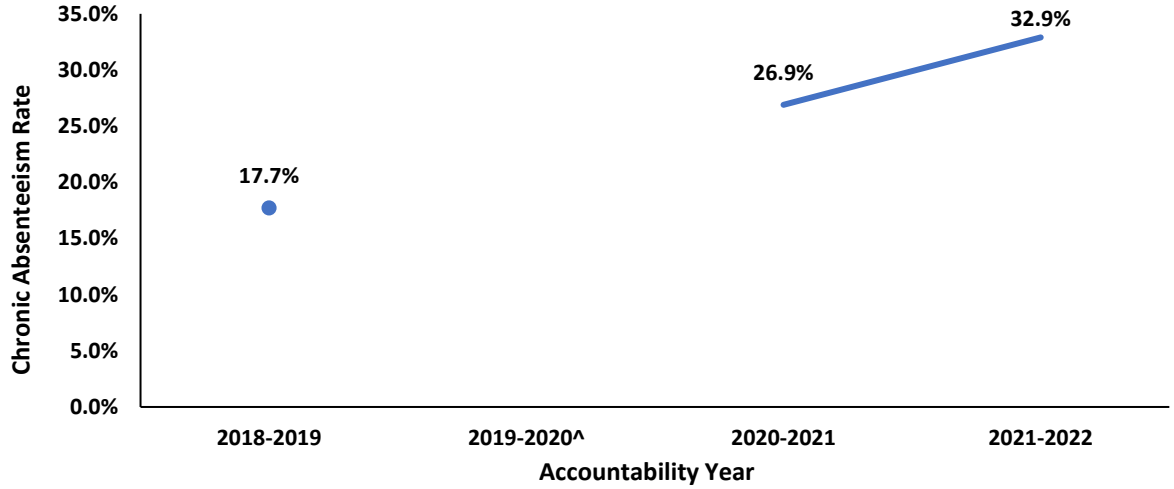
The percent of high school students in the Northern Region who did not go to school because they felt unsafe steadily declined from 2017 to 2021 (22.8% to 7.8%). The percent in 2021 was lower than among Nevada high school students, but not significantly.

Nevada Report Card

Nevada Report Card is the accountability reporting website of the Nevada Department of Education. In compliance with federal and state law, it assists community members (parents, educators, researchers, lawmakers, etc.) in locating a wealth of detailed information pertaining to K-12 public education in Nevada. The website has three categories: "school and district information," "assessment and accountability" and "fiscal and technology."

When student behavioral health needs are not identified or not provided with the necessary attention, they are more likely to experience difficulties in school. These include higher rates of suspension, expulsion, dropout, and truancy, as well as lower grades. Nationally, 50% of students aged 14 or older who are living with a mental illness drop out of high school. This is the highest dropout rate of any disability group.

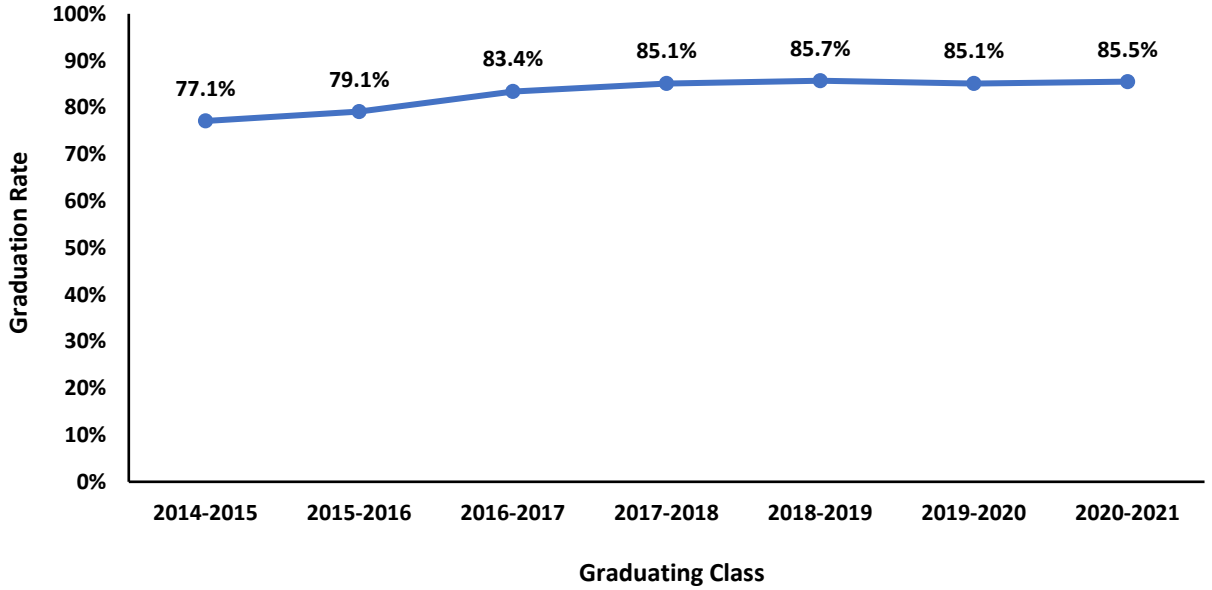
Figure 47. Chronic Absenteeism Rate, Northern Region, Nevada, 2019-2022.



Source: Nevada Department of Education, Report Card.
^Indicator was not measured during the 2019-2020 school year.
Chart scaled to 35.0% to display differences among groups.

The chronic absenteeism rate is the percentage of students who miss 10% or more of enrolled school days per year either with or without a valid excuse. The Northern Region's rate of chronic absenteeism has steadily increased since the 2018-2019 accountability year. The Northern Region reported the lowest rate of 17.7% during the 2018-2019 accountability year, and the highest rate during the 2021-2022 accountability year, at 32.9%. The chronic absenteeism rate was not collected for the 2019-2020 school year, due to the US Department of Education Covid-19 waiver.

Figure 48. High School Graduation Percentage, Northern Region, Class Cohorts 2015-2021.



Source: Nevada Department of Education, Report Card.

Graduation rate is defined as the rate at which 9th graders graduate by the end of the 12th grade (number of students who graduate in four years with a regular high school diploma divided by the number of students from the adjusted cohort for the graduation class). The highest graduation rate among Northern

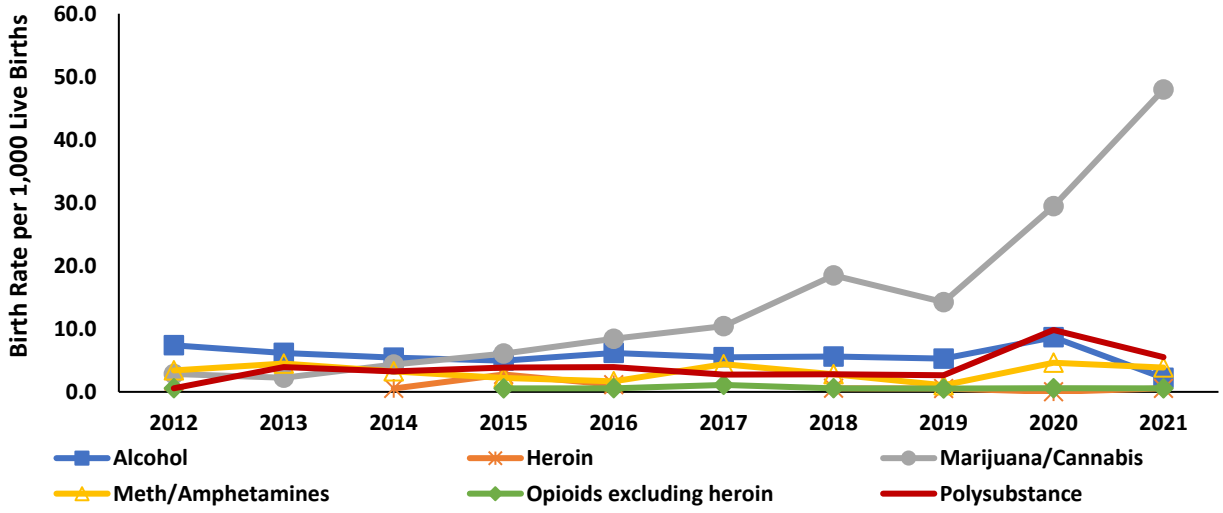
Region high schools since 2014 is 85.7% for the class of 2019. The graduation rate for the class of 2021 was slightly lower, at 85.5%.

Maternal and Child Health

Substance Use Among Pregnant Nevadans (Births)

The data in this section are reflective of self-reported information provided by the mother on the birth record. On average, there were 1,803 live births per year to Northern Region residents between 2012 and 2021. In 2021, four birth certificates indicated alcohol use, 87 birth certificates indicated marijuana use, seven indicated meth/amphetamine use, one indicated opiate use, and one indicated heroin use during pregnancy.

Figure 49. Prenatal Substance Use Birth Rates (Self-Reported) for Select Substances, Northern Region Residents, 2012-2021.



Source: Nevada Electronic Birth Registry System.

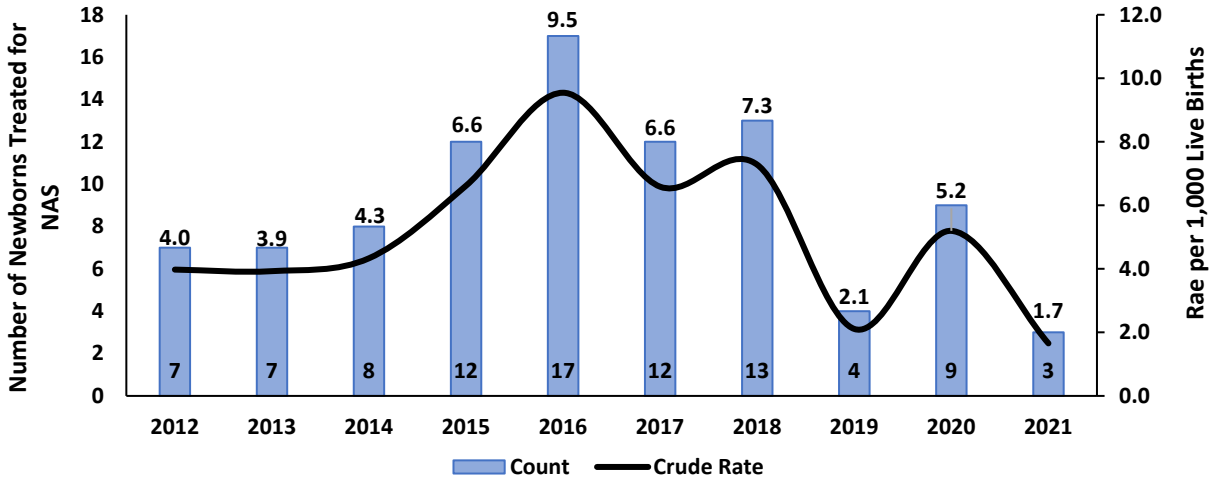
Of the self-reported substance use during pregnancy among Northern Region persons who gave birth between 2012 and 2021, the highest rate was marijuana use in 2021, at 48.0 per 1,000 live births. Since 2015, the marijuana use rate has surpassed the alcohol use rate, which was 2.2 per 1,000 births in 2021. Meth/amphetamine use during pregnancy reached a high of 4.6 per 1,000 live births before decreasing to 3.9 per 1,000 live births in 2021. Polysubstance use (use of more than one substance) has increased from 2.7 per 1,000 live births in 2017 to 5.5 per 1,000 live births in 2021.

Because alcohol and substance use during pregnancy is self-reported by the mothers, rates are likely lower than actual rates due to underreporting, and expectant mothers may be reluctant to be forthcoming on the birth record for a variety of reasons.

Neonatal Abstinence Syndrome

Neonatal abstinence syndrome (NAS) is a group of conditions that occur in a newborn who was exposed to addictive, illegal, or prescription drugs while in the mother's womb. Withdrawal or abstinence symptoms develop shortly after birth. The NAS rate in the Northern Region decreased from a high of 9.5 in 2016 to 1.7 in 2021.

Figure 50. Neonatal Abstinence Syndrome, Northern Region Residents, 2012-2021.



Source: Hospital Inpatient Department Billing and Nevada Electronic Birth Registry System.
ICD-9-CM codes were replaced by ICD-10-CM codes in last quarter of 2015, therefore data prior to that may not be directly comparable.

Appendix

Hospital billing data (emergency department encounters and inpatient admissions) and mortality data both utilize International Classification of Diseases codes (ICD). Hospital billing uses ICD-CM which is a 7-digit code verses mortality where the ICD codes are 4-digit. In hospital billing data, the ICD codes are provided in the diagnosis fields, while mortality data the ICD codes are coded from the literal causes of death provided on the death certificate.

In October 2015, ICD-10-CM codes were implemented nationwide. Before October 2015, ICD-9-CM codes were used for medical billing. Therefore, 2015 data consists of two distinct coding schemes, ICD-9-CM and ICD-10-CM, respectively. Due to this change in coding schemes, hospital billing data from October 2015 forward may not be directly comparable to previous data.

For more detailed ICD-9-CM codes: Legacy ICD-9-CM billing codes
For more detailed ICD-10-CM codes: ICD-10-CM billing codes
For more detailed ICD-10 mortality codes: ICD-10 mortality codes

The following ICD-CM codes were used to define hospital encounters and admissions:

All Diagnosis:

Anxiety: 300.0 (9); F41 (10)
Bi-Polar: 296.40-296.89 (9); F32.89, F31 (10)
Depression: 296.20-296.36, 311 (9); F32.0-F32.5, F33.0-F33.4, F32.9 (10)
Post-Traumatic Stress Disorder: 309.81 (9); F43.10, F43.12 (10)
Schizophrenia: 295 V11.0 (9); F20, Z65.8 (10)
Suicidal Ideation: V62.84 (9); R45.851 (10)
Suicide Attempts: E95.0-E95.9 (9); X71-X83, T36-T65, T71 (10)

Primary and All Diagnosis:

Alcohol: 291, 303, 980, 305.0, 357.5, 425.5, 535.3, 571.0, 571.1, 571.2,571.3, 790.3 (9); F10, K70, G62.1, I42.6, K29.2, R78.0, T51 (10).
Drug: 292, 304, 965, 967, 968, 969, 970, 305.2, 305.3, 305.4, 305.5, 305.6, 305.7, 305.8, 305.9 (9); F11- F16, T39, T40, T43, F18, F19 T41.0, T41.1, T41.2, T41.3, T41.4, T42.3, T43.4, T42.6, T42.7, T42.8 (10).

*Alcohol and drug use encounters are both Primary Diagnosis and All diagnosis were analyzed:

The following ICD-10 codes were used to define mortality causes:

Suicide-related deaths: X60-X84, Y87.0 (Initial cause of death is suicide).
Mental and behavioral-related deaths: F00-F09, and F20-F99 (Initial or contributing cause of death).
Alcohol-related deaths: K70, Y90, Y91, X45, X65, Y15, T51, G31.2, G62.1, I42.6, K29.2, K86.0, K85.0, R78.0, E24.4, O35.4, Q86.0, and Z72.1 (Initial cause of death).
Drug-related deaths: X40-X44, X60-S64, X85, Y10-Y14 (Initial cause of death).

Data Tables

Table 1. Population Distribution, Northern Region, 2012-2021.

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
Northern	185,042	185,445	184,943	184,942	186,445	187,866	190,533	192,275	194,464	196,082
Sex										
Female	91,884	92,161	92,105	92,553	93,701	94,760	96,671	97,897	99,198	100,070
Male	93,158	93,284	92,838	92,389	92,744	93,106	93,862	94,378	95,266	96,012
Age										
<1	1,768	1,794	1,804	1,797	1,828	1,818	1,864	1,885	1,911	1,920
1-4	8,301	7,880	7,761	7,355	7,366	7,288	7,596	7,746	8,041	7,931
5-14	23,024	23,182	22,780	22,659	22,329	22,345	21,690	21,858	21,783	21,656
15-24	23,963	24,319	23,804	23,056	22,294	21,851	21,984	21,668	21,806	22,159
25-34	17,430	17,506	18,510	19,914	21,611	22,805	24,030	25,086	25,746	25,744
35-44	21,626	21,929	21,743	21,471	20,650	20,438	19,793	19,316	19,322	19,736
45-54	24,802	24,390	23,949	23,988	24,586	24,843	25,266	25,081	25,524	25,176
55-64	28,729	28,240	27,707	27,110	27,194	27,153	26,656	26,663	25,971	26,205
65-74	20,506	21,099	21,464	21,819	22,283	22,725	24,201	24,721	25,804	26,452
75-84	10,757	10,592	10,994	11,427	11,949	12,089	12,844	13,567	13,800	14,076
85+	4,135	4,513	4,427	4,346	4,355	4,510	4,609	4,684	4,756	5,028
Race/Ethnicity										
White non-Hispanic	146,283	146,187	145,751	145,256	146,134	146,214	147,439	147,923	148,723	149,357
Black non-Hispanic	1,976	2,023	2,036	2,014	2,047	2,081	2,117	2,164	2,218	2,258
Native American/Alaskan Native non-Hispanic	5,397	5,471	5,465	5,467	5,527	5,613	5,717	5,761	5,863	5,909
Asian/Pacific Islander non-Hispanic	4,156	4,275	4,270	4,315	4,374	4,441	4,609	4,700	4,818	4,877
Hispanic	27,230	27,489	27,421	27,890	28,363	29,518	30,651	31,728	32,842	33,681

Source: Nevada State Demographer, Vintage 2020.

Table 2. Prevalence Estimates of Health Risk Behaviors by Region, Nevada Adults, 2021.

Indicator	Clark	Northern	Rural	Southern	Washoe	Nevada
Ever seriously considered attempting suicide during the past 12 months	4.9% (3.2-6.6)	5.4% (2.7-8.1)	6.1% (1.6-10.6)	5.2% (0.0-11.9)	4.1% (2.6-5.5)	4.8% (3.6-6.0)
Heavy drinkers	6.2% (4.6-7.8)	7.9% (4.9-10.9)	7.4% (3.1-11.6)	2.2% (0.0-6.6)	6.8% (4.8-8.8)	6.4% (5.1-7.7)
Binge drinkers	16.4% (13.8-19.0)	15.9% (11.7-20.1)	22.0% (15.0-29.0)	11.3% (0.2-22.5)	18.3% (15.2-21.4)	15.0% (13.2-16.9)
General health poor or fair	21.4% (18.7-24.4)	18.7% (14.4-23.1)	16.1% (10.2-22.0)	22.4% (5.3-36.5)	19.6% (16.3-22.8)	20.9% (18.7-23.1)
Depressive disorder diagnosis	18.0% (15.5-20.7)	21.9% (18.0-25.8)	15.2% (9.5-20.9)	16.9% (1.2-32.9)	16.8% (13.8-19.9)	17.7% (15.7-19.7)
Ten or more days of poor mental health	17.4% (15.0-20.3)	22.4% (17.4-27.2)	19.5% (12.9-26.0)	17.3% (1.3-25.5)	17.3% (14.4-20.2)	17.6% (15.5-19.6)
Ten or more days of poor mental or physical health kept from usual activities	23.3% (19.7-27.6)	20.5% (14.8-26.2)	24.4% (14.0-34.9)	29.1% (12.8-45.3)	20.3% (16.1-24.5)	22.9% (19.8-25.9)
Used marijuana/hashish in the last 30 days	16.4% (13.8-19.3)	20.3% (15.6-25.1)	21.5% (14.0-29.0)	11.0% (1.9-11.5)	18.7% (15.4-21.9)	17.4% (15.3-19.4)
Used other illegal drugs in the last 30 days	1.7% (0.8-2.6)	1.6% (0.1-3.1)	0.0% (0.0-0.0)	2.3% (0.0-4.5)	3.1% (1.6-4.6)	1.9% (1.2-2.6)
Used prescription drugs/pain killer to get high in last 30 days	0.6% (0.5-1.1)	1.0% (0.0-2.2)	0.9% (0.0-2.2)	0.0% (0.0-2.9)	0.9% (0.4-1.5)	1.0% (0.2-1.1)
Current tobacco cigarette smokers	14.9% (12.7-17.5)	17.4% (13.0-21.8)	23.1% (15.7-30.4)	17.0% (3.9-26.5)	15.7% (12.7-18.8)	15.7% (13.8-17.5)
Difficulty doing errands alone because of physical, mental, or emotional condition	8.7% (6.8-10.9)	10.6% (6.9-14.3)	7.2% (3.3-11.1)	10.8% (0.0-25.2)	7.5% (5.5-9.5)	8.6% (7.1-10.2)
Serious difficulty concentrating, remembering, or making decisions because of physical, mental, or emotional condition	13.0% (10.8-15.4)	13.9% (9.8-18.0)	14.4% (8.2-20.7)	9.4% (1.5-16.9)	11.1% (8.5-13.7)	12.8% (11.0-14.6)

Source: Behavioral Risk Factor Surveillance System (BRFSS).

Table 3a. Age-Adjusted Rates per 100,000 of Mental Health-Related Emergency Department Encounters by Region, Nevada Residents, 2021.

Region	Schizophrenia	Anxiety	Depression	Bipolar	PTSD	Suicidal Ideation
Clark	497.7 (488.7-506.6)	1,523.8 (1,508.2-1,539.4)	700.1 (689.6-710.6)	687.2 (676.7-697.8)	114.0 (109.7-118.3)	608.3 (598.3-618.3)
Northern	107.4 (92.2-122.5)	1,161.5 (1,113.9-1,209.1)	439.7 (411.1-468.3)	370.1 (342.6-397.7)	90.4 (76.9-104.0)	339.7 (312.4-367.0)
Rural	97.3 (77.9-116.8)	1,196.3 (1,125.8-1,266.8)	768.8 (713.1-824.6)	249.4 (218.3-280.6)	171.6 (143.9-199.2)	246.3 (214.0-278.7)
Southern	279.6 (234.1-325.1)	1,114.7 (1,030.8-1,198.5)	437.3 (384.7-489.8)	347.7 (298.2-397.1)	116.5 (87.7-145.2)	538.7 (474.9-602.5)
Washoe	224.0 (210.6-237.5)	1,318.4 (1,286.0-1,350.7)	701.1 (677.8-724.4)	345.9 (329.3-362.5)	88.2 (79.8-96.6)	406.4 (388.1-424.6)
Nevada	420.5 (413.4-427.7)	1,457.5 (1,444.3-1,470.6)	681.9 (673.0-690.8)	602.0 (593.5-610.5)	110.6 (107-114.3)	553.3 (545.0-561.5)

Source: Hospital Emergency Department Billing.
Rates are per 100,000 age-specific population, provided by the state demographer, Vintage 2020.
Categories are not mutually exclusive.

Table 3b. Crude Rates per 100,000 of Mental Health-Related Emergency Department Encounters by Region, Nevada Residents, 2021.

Region	Schizophrenia	Anxiety	Depression	Bipolar	PTSD	Suicidal Ideation
Clark	496.1 (487.1-505.0)	1,541.1 (1,525.3-1,556.9)	716.0 (705.2-726.8)	686.0 (675.5-696.5)	113.9 (109.6-118.2)	601.1 (591.3-611.0)
Northern	98.4 (84.5-112.3)	1,165.3 (1,117.5-1,213.1)	462.1 (432.0-492.1)	353.9 (327.6-380.3)	86.7 (73.7-99.7)	302.9 (278.6-327.3)
Rural	99.9 (79.9-119.9)	1,150.8 (1,082.9-1,218.6)	759.5 (704.4-814.6)	256.0 (224.0-287.9)	154.0 (129.2-178.8)	232.0 (201.6-262.5)
Southern	237.6 (199.0-276.3)	1,112.8 (1,029.1-1,196.5)	435.9 (383.5-488.3)	311.4 (267.1-355.7)	103.2 (77.8-128.7)	449.0 (395.9-502.2)
Washoe	221.5 (208.2-234.8)	1,326.2 (1,293.6-1,358.7)	720.3 (696.4-744.3)	345.7 (329.1-362.3)	88.1 (79.8-96.5)	395.7 (378.0-413.5)
Nevada	414.7 (407.6-421.7)	1,470.3 (1,457.0-1,483.5)	698.6 (689.5-707.8)	596.0 (587.6-604.5)	109.7 (106.0-113.3)	540.1 (532.1-548.2)

Source: Hospital Emergency Department Billing.
Rates are per 100,000 population, provided by the state demographer, Vintage 2020.
Categories are not mutually exclusive.

Table 4a. Age-Adjusted Rates per 100,000 of Mental Health-Related Inpatient Admissions by Region, Nevada Residents, 2021.

Region	Schizophrenia	Anxiety	Depression	Bipolar	PTSD	Suicidal Ideation
Clark	242.1 (236.0-248.3)	1,220.3 (1,206.6-1,234.0)	888.2 (876.5-900.0)	475.6 (467.0-484.2)	214.4 (208.5-220.2)	470.3 (461.6-479.0)
Northern	74.1 (61.9-86.3)	1,077.0 (1,032.8-1,121.1)	912.2 (871.0-953.4)	397.9 (369.6-426.3)	324.6 (298.0-351.3)	656.9 (618.8-695.1)
Rural	51.6 (37.0-66.2)	535.4 (489.8-581.0)	512.7 (467.6-557.8)	188.9 (160.9-216.8)	139.7 (114.7-164.7)	273.6 (239.4-307.8)
Southern	103.2 (76.8-129.5)	1,153.8 (1,079.8-1,227.9)	900.2 (832.8-967.7)	395.0 (344.4-445.6)	269.8 (228.1-311.5)	369.4 (318.1-420.8)
Washoe	201.4 (188.9-213.9)	892.1 (866.1-918.2)	900.8 (874.7-926.9)	303.4 (288.1-318.7)	232.3 (218.5-246.0)	628.9 (606.3-651.5)
Nevada	218.0 (212.9-223.0)	1,133.5 (1,122.2-1,144.8)	873.4 (863.5-883.3)	434.4 (427.3-441.5)	221.5 (216.4-226.7)	496.5 (488.8-504.2)

Source: Hospital Inpatient Billing.
Rates are per 100,000 age-specific population, provided by the state demographer, Vintage 2020.
Categories are not mutually exclusive.

Table 4b. Crude Rates per 100,000 of Mental Health-Related Inpatient Admissions by Region, Nevada Residents, 2021.

Region	Schizophrenia	Anxiety	Depression	Bipolar	PTSD	Suicidal Ideation
Clark	249.0 (242.7-255.4)	1,279.5 (1,265.1-1,293.9)	926.6 (914.4-938.9)	491.6 (482.7-500.5)	217.2 (211.2-223.1)	471.9 (463.2-480.7)
Northern	72.4 (60.5-84.3)	1,165.3 (1,117.5-1,213.1)	960.3 (916.9-1,003.7)	387.1 (359.5-414.6)	290.7 (266.8-314.6)	580.9 (547.1-614.6)
Rural	49.9 (35.8-64.1)	551.5 (504.5-598.4)	516.1 (470.7-561.5)	182.1 (155.1-209.1)	124.9 (102.5-147.2)	256.0 (224.0-287.9)
Southern	96.7 (72.0-121.4)	1,529.0 (1,430.9-1,627.1)	1,121.0 (1,037.0-1,205.0)	383.5 (334.4-432.6)	263.9 (223.1-304.6)	326.1 (280.8-371.4)
Washoe	206.6 (193.7-219.4)	936.2 (908.9-963.5)	950.5 (923.0-978.1)	314.6 (298.8-330.5)	227.5 (214.1-241.0)	615.4 (593.2-637.5)
Nevada	223.5 (218.3-228.7)	1,207.3 (1,195.3-1,219.3)	926.9 (916.3-937.4)	448.4 (441.1-455.7)	222.2 (217.0-227.3)	492.4 (484.7-500.1)

Source: Hospital Inpatient Billing.
Rates are per 100,000 population, provided by the state demographer, Vintage 2020.
Categories are not mutually exclusive.

Table 5. Mental Health-Related Deaths Age-Adjusted Rates and Region, Nevada Residents, 2021.

Region	White non-Hispanic	Black non-Hispanic	Native American/ Alaskan Native non-Hispanic	Asian/Pacific Islander non-Hispanic	Hispanic	Total
Clark	44.3 (40.9-47.8)	53.2 (43.0-63.4)	60.9 (12.2-109.7)	30.3 (23.2-37.4)	31.3 (24.7-37.8)	42.0 (39.3-44.8)
Northern	79.5 (69.1-89.9)	0.0 (0.0-0.0)	26.7 (0.0-63.8)	47.7 (0.0-113.8)	39.7 (7.9-71.5)	74.8 (65.2-84.3)
Rural	39.0 (24.8-53.2)	0.0 (0.0-0.0)	31.1 (0.0-74.2)	0.0 (0.0-0.0)	22.7 (0.0-48.3)	36.2 (24.0-48.4)
Southern	32.6 (21.9-43.2)	73.7 (0.0-218.3)	38.6 (0.0-114.2)	0.0 (0.0-0.0)	74.0 (1.5-146.5)	34.0 (23.7-44.3)
Washoe	78.3 (69.6-87.0)	106.5 (27.6-185.4)	154.5 (30.9-278.1)	67.6 (35.4-99.7)	45.9 (25.8-66.0)	75.4 (67.7-83.2)
Nevada	53.9 (50.9-56.9)	54.5 (44.4-64.6)	54.0 (28.3-79.7)	34.2 (27.1-41.3)	33.9 (27.8-39.9)	49.8 (47.4-52.3)

Source: Electronic Death Registry System.
Rates are per 100,000 age-specific population, provided by the state demographer, Vintage 2020.

Table 6. Suicide Attempts and Suicides by Leading Method and Region, Nevada Residents, 2021.

Region	Suicide Attempts				Suicides		
	Emergency Department Encounters		Inpatient Admissions		Substance	Hanging/ Suffocation	Firearms/ Explosives
	Substance	Cutting	Substance	Cutting			
Clark	55.4 (52.4-58.4)	32.7 (30.4-35.0)	51.2 (48.3-54.1)	17.8 (16.1-19.5)	2.6 (2.0-3.3)	3.5 (2.7-4.2)	10.7 (9.4-12.0)
Northern	88.2 (75.1-101.4)	13.3 (8.2-18.4)	63.7 (52.6-74.9)	8.2 (4.2-12.2)	2.5 (0.3-4.8)	7.1 (3.4-10.9)	24.5 (17.6-31.4)
Rural	45.8 (32.3-59.3)	18.7 (10.1-27.4)	25.0 (15.0-35.0)	4.2 (0.1-8.2)	5.2 (0.6-9.8)	5.2 (0.6-9.8)	28.1 (17.5-38.7)
Southern	67.2 (46.6-87.8)	36.1 (21.0-51.1)	42.6 (26.2-59.0)	9.8 (2.0-17.7)	1.6 (0.0-4.9)	4.9 (0.0-10.5)	27.9 (14.6-41.1)
Washoe	57.5 (50.7-64.2)	4.4 (2.5-6.2)	48.1 (41.9-54.3)	9.5 (6.8-12.3)	3.9 (2.2-5.7)	4.1 (2.3-6.0)	13.3 (10.0-16.5)
Nevada	57.8 (55.2-60.4)	27.1 (25.3-28.9)	50.7 (48.3-53.2)	15.4 (14.1-16.8)	2.9 (2.3-3.4)	3.9 (3.2-4.6)	12.8 (11.6-14.0)

Source: Hospital Emergency Department Billing, Inpatient Billing, and the Electronic Death Registry System.
Rates are per 100,000 population, provided by the state demographer, Vintage 2020.

Table 7. Suicide Crude Rates by Age, Race/Ethnicity and Region, Nevada Residents, 2021.

	Clark	Northern	Rural	Southern	Washoe	Nevada
Age Group						
Less then 15	0.9 (0.0-1.7)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	11.7 (0.0-34.7)	2.2 (0.0-5.3)	1.1 (0.3-2.0)
15-24	19.2 (14.5-24.0)	18.1 (0.4-35.7)	105.5 (45.8-165.2)	0.0 (0.0-0.0)	20.4 (9.7-31.1)	21.3 (17.0-25.7)
25-34	20.0 (15.2-24.7)	35.0 (12.1-57.8)	26.8 (3.3-50.3)	39.0 (0.0-83.2)	25.5 (13.4-37.7)	22.2 (17.9-26.5)
35-44	20.5 (15.6-25.4)	76.0 (37.5-114.5)	87.2 (30.2-144.2)	17.1 (0.0-50.7)	23.8 (11.7-35.8)	25.1 (20.3-29.8)
45-54	27.2 (21.4-33.0)	43.7 (17.9-69.5)	38.2 (0.8-75.5)	29.3 (0.0-69.9)	28.7 (14.6-42.7)	28.7 (23.5-33.9)
55-64	22.7 (17.1-28.3)	30.5 (9.4-51.7)	41.5 (5.1-77.8)	65.6 (13.1-118.1)	23.4 (11.2-35.7)	25.0 (20.0-30.0)
65-74	17.9 (12.0-23.7)	45.4 (19.7-71.0)	31.3 (0.0-66.7)	22.0 (0.0-52.4)	28.5 (13.6-43.4)	22.7 (17.2-28.1)
75-84	33.1 (21.8-44.4)	85.3 (37.0-133.5)	69.6 (0.0-148.5)	70.4 (1.4-139.5)	48.3 (19.8-76.9)	43.0 (32.4-53.7)
85+	50.4 (24.9-75.9)	79.6 (1.6-157.5)	0.0 (0.0-0.0)	161.2 (0.0-343.5)	119.5 (36.7-202.4)	67.3 (43.2-91.4)
Race/Ethnicity						
White non-Hispanic	27.0 (23.8-30.2)	44.9 (34.1-55.6)	48.6 (31.7-65.4)	42.7 (24.0-61.5)	32.5 (26.0-38.9)	31.1 (28.3-33.8)
Black non-Hispanic	17.3 (12.3-22.2)	88.6 (0.0-211.3)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	16.9 (12.2-21.6)
Native American/Alaskan Native non-Hispanic	6.4 (0.0-19.1)	16.9 (0.0-50.1)	37.8 (0.0-90.1)	51.6 (0.0-152.7)	26.8 (0.0-64)	19.4 (5.0-33.7)
Asian/Pacific Islander non-Hispanic	11.0 (7.1-14.8)	0.0 (0.0-0.0)	77.5 (0.0-229.5)	0.0 (0.0-0.0)	5.7 (0.0-13.6)	10.4 (6.9-14.0)
Hispanic	10.2 (8.0-12.4)	11.9 (0.2-23.5)	27.1 (5.4-48.8)	10.9 (0.0-32.2)	7.0 (2.4-11.6)	10.2 (8.2-12.2)
Total	18.2 (16.5-20.0)	38.2 (29.6-46.9)	42.7 (29.6-55.7)	36.1 (21.0-51.1)	23.0 (18.7-27.3)	21.2 (19.7-22.8)

Source: Electronic Death Registry System.
Rates are per 100,000 population, provided by the state demographer, Vintage 2020.

Table 8a. Drug-Related Emergency Department Encounters Age-Adjusted Rates by Drug Type and Region, Nevada Residents, 2021.

Region	Opioids	Heroin	Cocaine	Methamphetamine	Marijuana	Hallucinogens
Clark	174.9 (169.7-180.2)	11.1 (9.8-12.5)	63.3 (60.1-66.5)	476.9 (468.1-485.8)	334.1 (326.8-341.5)	20.6 (18.8-22.5)
Northern	130.1 (114.3-146.0)	12.4 (7.1-17.8)	19.5 (12.6-26.4)	276.9 (252.1-301.7)	332.8 (306.0-359.5)	6.5 (2.7-10.3)
Rural	115.6 (94.4-136.8)	13.7 (6.3-21.2)	16.0 (7.3-24.7)	231.0 (200.2-261.8)	325.5 (288.9-362.0)	12.3 (4.7-19.9)
Southern	264.0 (224.5-303.6)	10.2 (2.0-18.3)	42.9 (25.0-60.8)	479.8 (421.8-537.8)	366.4 (314.4-418.4)	18.9 (5.8-31.9)
Washoe	166.1 (154.6-177.6)	17.2 (13.4-21)	28.3 (23.6-33.0)	442.3 (423.1-461.5)	216.7 (203.4-229.9)	5.3 (3.2-7.3)
Nevada	171.3 (166.8-175.8)	12.2 (11.0-13.4)	53.7 (51.2-56.2)	454.8 (447.3-462.2)	317.3 (311.2-323.5)	17.2 (15.8-18.7)

Source: Hospital Emergency Department Billing.
Rates are per 100,000 age-specific population, provided by the state demographer, Vintage 2020.
Categories are not mutually exclusive.

Table 8b. Drug-Related Emergency Department Encounters Crude Rates by Drug Type Region, Nevada Residents, 2021.

Region	Opioids	Heroin	Cocaine	Methamphetamine	Marijuana	Hallucinogens
Clark	178.3 (172.9-183.6)	11.1 (9.8-12.4)	64.7 (61.5-68.0)	466.9 (458.2-475.5)	333.4 (326.1-340.8)	20.3 (18.5-22.1)
Northern	131.6 (115.5-147.6)	10.7 (6.1-15.3)	15.8 (10.2-21.4)	244.3 (222.4-266.2)	303.4 (279.1-327.8)	5.6 (2.3-8.9)
Rural	118.6 (96.8-140.4)	13.5 (6.2-20.9)	13.5 (6.2-20.9)	224.7 (194.8-254.7)	317.3 (281.7-353.0)	10.4 (4.0-16.9)
Southern	280.2 (238.2-322.2)	9.8 (2.0-17.7)	36.1 (21.0-51.1)	431.0 (378.9-483.1)	313.0 (268.6-357.4)	13.1 (4.0-22.2)
Washoe	166.5 (155.0-178.1)	16.6 (13.0-20.2)	28.6 (23.8-33.4)	424.8 (406.4-443.2)	213.6 (200.6-226.7)	5.2 (3.2-7.2)
Nevada	174.1 (169.5-178.6)	12.0 (10.8-13.2)	54.4 (51.8-56.9)	440.5 (433.2-447.8)	313.7 (307.5-319.8)	16.7 (15.3-18.1)

Source: Hospital Emergency Department Billing.
Rates are per 100,000 population, provided by the state demographer, Vintage 2020.
Categories are not mutually exclusive.

Table 9a. Drug-Related Inpatient Admissions Age-Adjusted Rates by Drug Type and Region, Nevada Residents, 2021.

Region	Opioids	Heroin	Cocaine	Methamphetamine	Marijuana	Hallucinogens
Clark	241.7 (235.6-247.8)	3.1 (2.4-3.8)	68.4 (65.2-71.6)	413.5 (405.4-421.7)	508.9 (499.9-517.8)	12.2 (10.8-13.6)
Northern	275.0 (252.7-297.4)	2.1 (0.0-4.2)	22.2 (15.3-29.1)	358.5 (330.4-386.6)	386.2 (357.9-414.4)	6.6 (2.7-10.6)
Rural	110.1 (89.5-130.7)	3.5 (0.1-6.9)	15.4 (7.0-23.7)	178.6 (151.6-205.6)	213.8 (183.4-244.2)	7.3 (1.5-13.2)
Southern	157.2 (128.2-186.2)	3.7 (0.0-8.9)	24.5 (13.5-35.5)	294.4 (250.9-337.9)	373.7 22.7	4.4 (0.0-10.4)
Washoe	297.8 (282.6-312.9)	2.7 (1.3-4.2)	27.4 (22.7-32.1)	378.7 (361.4-396.1)	277.8 (263.1-292.5)	3.8 (2.1-5.5)
Nevada	245.7 (240.5-251.0)	3.0 (2.4-3.6)	56.9 (54.4-59.4)	397.1 (390.2-404.0)	455.9 (448.6-463.2)	10.4 (9.3-11.5)

Source: Hospital Inpatient Billing.
Rates are per 100,000 age-specific population, provided by the state demographer, Vintage 2020.
Categories are not mutually exclusive.

Table 9b. Drug-Related Inpatient Admissions Crude Rates by Drug Type and Region, Nevada Residents, 2021.

Region	Opioids	Heroin	Cocaine	Methamphetamine	Marijuana	Hallucinogens
Clark	255.4 (249.0-261.8)	3.2 (2.4-3.9)	73.4 (70.0-76.8)	416.1 (407.9-424.3)	522.7 (513.5-531.9)	12.2 (10.8-13.6)
Northern	297.3 (273.2-321.5)	2.0 (0.0-4.0)	20.4 (14.1-26.7)	319.3 (294.2-344.3)	366.2 (339.4-393.0)	5.6 (2.3-8.9)
Rural	114.5 (93.1-135.8)	4.2 (0.1-8.2)	13.5 (6.2-20.9)	174.8 (148.4-201.2)	197.7 (169.6-225.8)	6.2 (1.2-11.2)
Southern	185.2 (151.0-219.3)	3.3 (0.0-7.8)	31.1 (17.1-45.1)	288.4 (245.8-331.0)	386.8 (337.4-436.1)	3.3 (0.0-7.8)
Washoe	307.6 (291.9-323.2)	2.7 (1.2-4.2)	27.6 (22.9-32.3)	379.8 (362.4-397.2)	283.3 (268.3-298.3)	3.9 (2.2-5.7)
Nevada	260.7 (255.1-266.2)	3.0 (2.4-3.7)	60.9 (58.2-63.6)	396.5 (389.7-403.4)	466.1 (458.7-473.6)	10.3 (9.2-11.4)

Source: Hospital Inpatient Billing.
Rates are per 100,000 population, provided by the state demographer, Vintage 2020.
Categories are not mutually exclusive.

Table 10. Drug- and Alcohol-Related Age-Adjusted Death Rates by Race/Ethnicity and Region, Nevada Residents, 2021.

Region	White non-Hispanic	Black non-Hispanic	Native American/ Alaskan Native non-Hispanic	Asian/Pacific Islander non-Hispanic	Hispanic	Total
Clark	71.3 (66.6-76.1)	74.7 (64.4-84.9)	114.9 (63.2-166.5)	11.5 (7.6-15.3)	35.4 (31.0-39.8)	54.6 (51.8-57.5)
Northern	91.7 (78.4-104.9)	102.6 (0.0-244.7)	115.7 (23.1-208.3)	23.0 (0.0-68.0)	61.3 (32.2-90.4)	86.5 (74.8-98.2)
Rural	78.8 (58.4-99.3)	0.0 (0.0-0.0)	116.6 (23.3-209.9)	0.0 (0.0-0.0)	47.5 (18.1-77.0)	72.9 (56.2-89.7)
Southern	89.9 (65.9-113.9)	77.1 (0.0-228.2)	43.8 (0.0-129.8)	0.0 (0.0-0.0)	65.4 (8.1-122.7)	83.3 (62.4-104.2)
Washoe	101.8 (91.3-112.2)	170.3 (97.4-243.1)	150.7 (61.6-239.7)	17.7 (4.6-30.8)	43.5 (31.1-55.9)	85.0 (77.2-92.9)
Nevada	80.3 (76.3-84.3)	79.0 (68.7-89.2)	117.7 (82.5-152.9)	12.1 (8.4-15.8)	38.0 (33.9-42.1)	62.8 (60.2-65.5)

Source: Electronic Death Registry System.
Rates are per 100,000 age-specific population, provided by the state demographer, Vintage 2020.